

Walderslade Girls' School

PSHE and RE Policy

Key Document Details:			
Author:	Mental Health Lead	Department:	Education - WGS
Reviewer:	Executive Team	Version No:	1.0
Last Review:	January 2023	Next Review:	January 2024
Approver:	CEO/DCEO	Date Ratified:	16 January 2023

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Document Change History

Date:	Version:	Description of Changes:
16.01.2023	1.0	Updated version for agreement

Mission Statement

“To nurture and develop all people in our Trust so that they reach their full potential academically, vocationally, and personally, including being positive role models for future generations in the community. We will achieve this by providing high quality values-based education that cultivates employability and life skills making our schools the first choice for young people, parents, carers, staff and employers.”

Values

The values of Respect, Excellence, Collaboration, Independence, Perseverance, Enjoyment, Leadership, Integrity and Care are central to everything we do at the Skills for Life Trust.

This policy links to most of our Skills for Life values. As PSHE promotes all of the Skills required for a healthy and enjoyable adult life.

Statement of Equality

We have carefully considered and analysed the impact of this policy on equality and the possible implications for pupils with protected characteristics, as part of our commitment to meet the Public Sector Equality Duty (PSED) requirement to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations.

Policy

PSHE makes a unique and substantial contribution towards the aims and ethos of Walderslade Girls' School in its core belief that the personal development of young people is essential to their health and wellbeing, safety and achievements as individuals within society. In addition to this we believe that each individual has the right to respect, to feel safe, secure and to learn without disruption which all teachers within the department enforce within their lessons.

Here at Walderslade Girls' School we also adhere to the new 2020 Government guidelines in regards to sex and relationship education within our PSHE sessions. These lessons are given discrete time within the school timetable, students at Key Stage Three are given one hour sessions of Personal Development learning per week. PSHE teachers generally deliver the PSHE Curriculum, however where possible they are supported by professionals. SRE lessons are set within the wider context of the PSHE curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also included. Any

SRE lesson may consider questions or issues that some students will find sensitive. Before embarking on these lessons ground rules are established which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson.

Throughout their time here at Walderslade Girls' School students will cover the following:

- The knowledge, skills and attitudes to make healthy choices and manage risk;
- The ability to form and manage supportive and stable relationships;
- The capacity to develop awareness of themselves as learners and managers of change;
- The capacity to recognise and celebrate diversity and difference;
- The opportunity to participate actively and responsibly in their schools and their communities;
- The understanding of how society works and the rights and responsibilities of being a citizen;
- The ability to anticipate the demands and challenges of adult life, including the world of work and leisure opportunities;
- The opportunity to demonstrate their creativity, enterprise and economic wellbeing.
- The importance of a healthy, active lifestyle
- The potential dangers of substance abuse and misuse
- The importance of first aid and basic training
- The ability to recognise poor mental health both in themselves and others, the tools in which to help support with these issues and the knowledge of where to go for help.

In order to support each child's personal development with additional, age- appropriate, information and experience, the school runs a series of focus days at KS4 and KS5 which will support a focused aspect of personal development for a target year group. Spiritual, social, moral and cultural assemblies run throughout the year and also outside workshops revolving around current world issues are ongoing.

RE is also delivered via Personal Development and Skills for Life lessons, assemblies and form time.

Monitoring and Review

This policy will be reviewed annually.