



Walderslade Girls' School

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10th October 2022

Dear Parents/Carers,

Re: Understanding Wellbeing: Student Survey

The Medway Child Health Team provide a range of free services and support to all schools in Medway to help us promote and develop the health and wellbeing of our students. This support includes PSHE lesson plans, parent workshops, extensive policy guidance and teacher training sessions.

To ensure their services are always as high impact and relevant as possible, it is important that the Team regularly monitor and survey the issues that our young people are facing and explore how services are used and perceived. One of the ways they can do that is by having students complete a Wellbeing survey for Medway.

The insights gathered from student surveys can be used by the school to identify risk factors and provide an opportunity for early intervention. They also, among other things, enable the Medway Child Health Team to tailor the support they provide for our school.

Students in Year 9 have been selected to complete the survey and will do so in their ICT lessons over the next two weeks. Pupils will be told the benefits of taking part in the survey and will be able to identify some ways to maintaining wellbeing when/if things become difficult or overwhelming. They will also be provided with an opportunity to ask questions before and after completing the survey.

As always, we are here to help with the wellbeing of your children and you can find more information on how we do this at the Mental Health section of our website:
<https://sflt.org.uk/waldersladegirls/pastoral/mental-health/>

If you have any questions regarding our approach to mental health or the Medway Child Health Team's survey specifically, please contact me on lneave@sflt.org.uk

Yours sincerely,

Ms Neave

Mental Health Lead Leader of English/Associate Leadership

