

LESSON PLAN: TRI GOLF: YEAR 5: WEEK 6

LESSON OBJECTIVE: To be able to put all the skills together to play a whole round of golf against other pupils.

WARM UP (10 MINS)

10 cones of the same colour are in a straight line from the player. Players to hit the ball with the putter to hit the cone nearest to them, if the player hits the cone they collect it. First player to hit every cone wins.

MAIN LESSON (20 MINS)

In groups of 3, groups need to lay out their own course which has 1 obstacle. Once the course is complete they will see how many shots it takes to complete course. They will mark down their score and then move round to another pair's course and try and beat their score. At the end, each individual will go back and add up all of their scores. The pupil with the lowest score wins.

GAME/COMPETITION (15 MINS)

In groups of 5, a cone is placed 5 feet away. Aim of the game is to hit the ball with the putter and hit the cone. Each time the cone is hit it is moved 1 step away. The group who's cone is furthest away at the end wins.

EQUIPMENT

- Putter
- Chipper
- Balls
- Cones
- Flags
- Score cards

KEYWORDS

- Decisions
- Teamwork
- Tactics
- Awareness

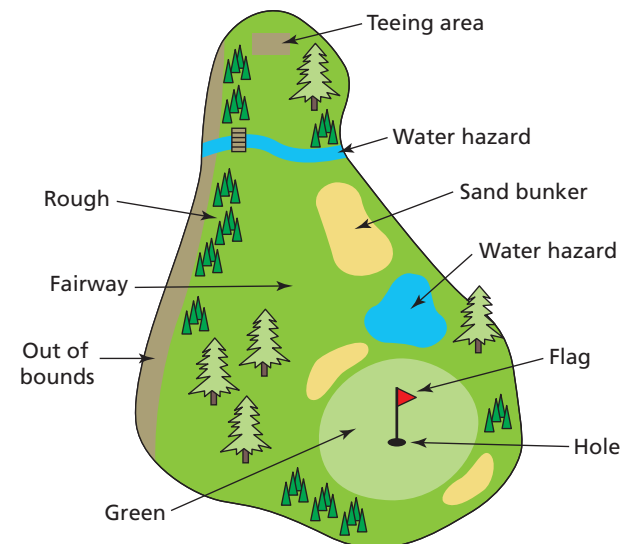
DIFFERENTIATION

LESS ABLE

- If an obstacle is hit they don't start again but just have a shot added.

MORE ABLE

- Shot Limit on each hole.
- When using the chipper the ball must come off the floor.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	7	Can they perform all the skills learnt to a high ability using good techniques?
	6	Can they perform all the skills learnt with a certain degree of control?
	5	Can they perform some of the skills, with little control?
Tactics, Rules & Teamwork	7	Works with their partner & demonstrates knowledge & understanding of the how to play a round of golf.
	6	Can work with a partner & understands how to play a round of golf.
	5	Starts communicating with a partner.
Show & Link	7	Can they link: all the skills learnt over the term?
	6	Can they show and link: some of skills learnt over the term?
	5	Show an understanding of Tri Golf.
Describe Ways to Improve	7	Are able to describe and improve performance.
	6	Are able to describe performance.
	5	Are able to see differences in performance against a simple model.
Fitness & Health	7	Shows a solid understanding of why physical activity has health benefits.
	6	Has some knowledge of why physical activity has health benefits.
	5	Has little knowledge of why physical activity has health benefits.