

LESSON PLAN: TRI GOLF: YEAR 5: WEEK 3

LESSON OBJECTIVE: To focus on using the chipper concentrating on the elevation of the ball.

WARM UP (10 MINS)

In pairs pupils receive 6 cones and a ball. They can place their cones randomly in front of them. Another pair stands opposite and does the same. Using a putter, pupils attempt to hit the other teams cones. When a cone is hit it is taken away. First team to eliminate the most cones wins.

MAIN LESSON (20 MINS)

Using cones create 3 different coloured areas. Show pupils the difference between holding the chipper and the putter. Pupils start by placing the ball on 1 of the tees from the bag. They then need to chip the ball and get the ball to hit the chosen areas. 2nd shot the ball starts from the floor. Give each area different scores: Closest 3, Furthest 10.

Question: Can the ball land and stay within the area?

Develop: Add obstacles around the areas.

GAME/COMPETITION (15 MINS)

Using hoops, place them randomly around the area, in pairs, the aim is to chip the ball and get as close to the hoops as possible. Group furthest away is out. Last group remaining wins.

EQUIPMENT

- Chippers
- Putter
- Balls
- Cones
- Flags

KEYWORDS

- Target
- Accuracy
- Decisions

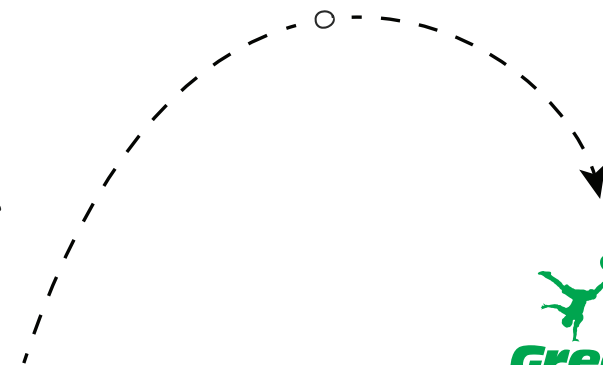
DIFFERENTIATION

LESS ABLE

- Ball can roll across the floor.

MORE ABLE

- Ball must come off the floor.
- Make targets smaller.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	7	Can they perform chipping showing high ability with use of elevation of the ball?
	6	Can they perform chipping showing a certain degree of control?
	5	Can they perform chipping with very little control?
Tactics, Rules & Teamwork	7	Works with their partner & demonstrates knowledge & understanding of how to use a chipper.
	6	Can work with a partner & understands how to over arm throw and when to use elevation in a game scenaro.
	5	Starts communicating with a partner about how and when to chip.
Show & Link	7	Can they link: a perfect swing when chipping showing elevation of the ball?
	6	Can they show and link: some of skills required to perform chipping?
	5	Show they can chip the ball.
Describe Ways to Improve	7	Are able to describe and improve performance.
	6	Are able to describe performance.
	5	Are able to see differences in performance against a simple model.
Fitness & Health	7	Shows a solid understanding of why physical activity has health benefits.
	6	Has some knowledge of why physical activity has health benefits.
	5	Has little knowledge of why physical activity has health benefits.