

# LESSON PLAN: **TENNIS**: YEAR 6: WEEK 6

**LESSON OBJECTIVE:** To perform the back hand, fore hand, volley and serve into a tennis game.

## **WARM UP (10 MINS)**

Students will need to stand in pairs either side of the net throwing the ball over arm and under arm in to the service boxes trying to move their partner around.

## **MAIN LESSON (10 MINS)**

In pairs try to keep the rally going for as long as possible using combinations of forehand, back hand and volley strokes.

## **GAME/COMPETITION (25 MINS)**

Students then continue to develop their ability to play competitive games of Tennis and officiating through participating in a mini competition in doubles. In doubles students use half or full courts to play a game against each other. Scoring is to be done through tie breaks. (Play to seven points wins and they have to win by two clear points e.g. 9-7). Students need to show their understanding on starting the tie break with a serve from the right side of the baseline and serving into the service box on the adjacent side. The first person serves once then each player serves twice, changing sides on each service point. Students need to also show their ability to officiate the game using the correct terminology.

## **EQUIPMENT**

- Soft tennis balls
- Tennis rackets
- Cones
- Tennis nets

## **KEYWORDS**

- Tie break
- Serve
- Volley
- Forehand

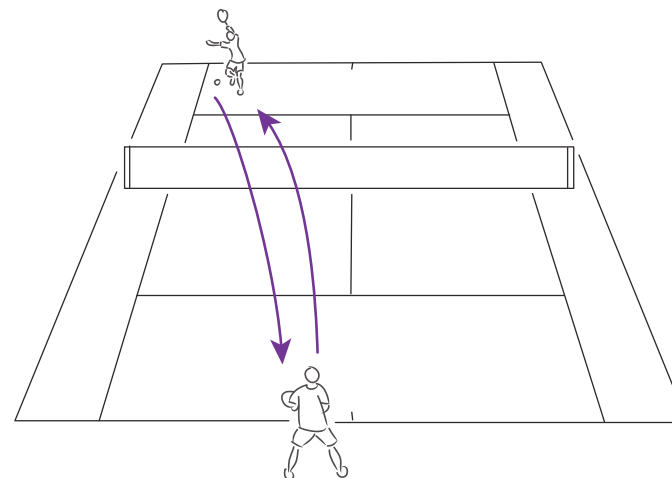
## **DIFFERENTIATION**

### **LESS ABLE**

- Continue to work on skills: forehand, backhand, volley.
- 2 Groups for the competition: less able and more able.

### **MORE ABLE**

- Officiate games.
- Bigger tennis court.
- Create fixtures and league table for more able students.
- Play best out of three tie breaks against opposition.



# ASSESSMENT FOR LEARNING

| CRITERIA                      |   | SKILLS   |
|-------------------------------|---|--|
| Fundamental Skills & Movement | 8 | Can they perform all of the strokes in a game situation?   |
|                               | 7 | Can they perform most of the strokes with a certain degree of control?                           |
|                               | 6 | Can they perform some of the strokes in a game situation?  |
| Tactics, Rules & Teamwork     | 8 | Works with their partner & demonstrates knowledge & understanding of the task.                   |
|                               | 7 | Can work with a partner & understands the directions.  |
|                               | 6 | Starts communicating with a partner.   |
| Show & Link                   | 8 | Can they link: all the skills they have learnt to play a competitive game of Tennis?             |
|                               | 7 | Can they show and link some of the skills they have learnt to play a competitive game of Tennis? |
|                               | 6 | Can they show knowledge and understanding of the skills, but unable to perform them?             |
| Describe Ways to Improve      | 8 | Are able to describe and improve performance.  |
|                               | 7 | Are able to describe performance.  |
|                               | 6 | Are able to see differences in performance against a simple model.                               |
| Fitness & Health              | 8 | Shows a solid understanding of why physical activity has health benefits.                        |
|                               | 7 | Has some knowledge of why physical activity has health benefits.                                 |
|                               | 6 | Has little knowledge of why physical activity has health benefits.                               |