

SCHEME OF WORK: **TENNIS**: YEAR 5

| LESSON | OUTLINE OF LESSON |
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| 1 | Students learn the correct technique to perform the forehand shot and linking the similarities between the rolling of the ball and the forehand shot itself. |
| 2 | Students are to learn the correct technique to perform the backhand shot. |
| 3 | Students will be taught to perform the volley shot using the correct technique. |
| 4 | The students learn how a competitive game of tennis is started with a serve and the correct technique to perform a serve. Year 5/6's are encouraged to perform the overarm serve in tennis. |
| 5 | Students are taught the correct terminology for the court markings and will be able to highlight the different court markings used in both single and double Tennis. Students will also be taught and learn to play a competitive game using the correct tennis scoring. |
| 6 | During week six students furthermore show their knowledge and ability to play competitive tennis. |