

SCHEME OF WORK: **TENNIS**: YEAR 4

LESSON	OUTLINE OF LESSON
1	Students take part in a number of exercises which help to develop their ability to play a forehand return shot in tennis.
2	Students develop their understanding of a backhand return shot. They also learn how to perform the shot focusing on developing their technique.
3	Students understand what a serve in tennis is and they also learn how to perform the underarm serve to begin a game of tennis.
4	Students learn to use a volley shot and use it at the correct time in a game of tennis.
5	Students get given the opportunity to combine all the skills they have learnt over the past weeks and take part in a number of different tennis exercises.
6	Students use the skills they have learnt over the past lessons to play and officiate a competitive game of tennis with their partner.