

LESSON PLAN: **TENNIS**: YEAR 2: WEEK 3

LESSON OBJECTIVE: Understand what is meant by the term 'volley'.

WARM UP (10 MINS)

The teacher splits the area and the class into four. The students take part in a game called 'Scatter Ball'. When the teacher says go, students must throw the ball underarm into another team's area. The team with the most balls in their area at the end loses. Students are not permitted to leave their area and must throw the ball as they would to throw the ball to a partner: low to high.

MAIN LESSON (20 MINS)

The lesson starts by ensuring students can throw and catch.

Throwing and Catching:

Two groups of pupils, standing opposite each other in your gym area. Throwers throw the ball low to high and catchers stand in their ready position and watch the ball ready to catch it. No bounce. The teacher highlights that when the ball does not touch the floor in tennis, it's called a volley.

Catching in Cones:

Pupils stand in a line opposite each other. Throwers throw the ball to their partner and their partner is standing ready to catch the ball using an upside down cone.

GAME/COMPETITION (15 MINS)

Catching in Cones:

In pairs, how many catches can they complete with their partner with the cone without dropping the ball in one minute?

Swap the catchers and throwers over.

EQUIPMENT

- Soft tennis balls
- Cones

KEYWORDS

- Volley
- Ready position

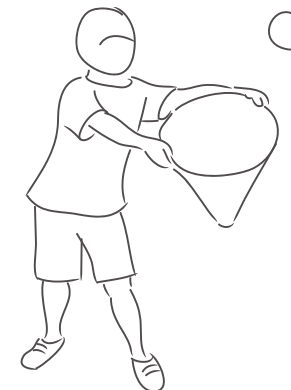
DIFFERENTIATION

LESS ABLE

- Move the throwers closer.

MORE ABLE

- Add a target.
- Pupils stand further apart.
- If the ball touches the floor, they start from 0.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	4	When volleying the student can stand in the correct position and volley the ball correctly back to their partner accurately.
	3	When volleying the student can stand in the correct position and volley the ball correctly back to their partner, but not accurately.
	2	When volleying the student can make contact with the ball to perform the volley but to a low ability.
Tactics, Rules & Teamwork	4	Students are able to work in partners understanding the rules of the drill.
	3	Students are able to work in pairs and understand some of the rules.
	2	Students show willingness to try to work efficiently in their pairs.
Show & Link	4	Successfully combine and link moving their body and standing in the correct position to volley the ball successfully back to their partner.
	3	Students show that they are starting to link moving their body and standing in the correct position to volley the ball successfully back to their partner.
	2	Students show they are trying to link the skills together to perform the volley, but need more work.
Describe Ways to Improve	4	Students are able to compare, evaluate and improve performance.
	3	Students are able compare and evaluate performance.
	2	Students are able to compare performances to others.
Fitness & Health	4	Students understand why physical activity benefits their health and how they can improve their fitness.
	3	Students are able to show a solid understanding of why physical activity benefits their health.
	2	Students have a basic knowledge of why physical activity benefits their health.