

# SCHEME OF WORK: **TENNIS**: YEAR 2

LESSON	OUTLINE OF LESSON
1	Students learn to understand the similarities between throwing and rolling the ball underarm to the forehand shot.
2	Students take part in exercises which continue to develop their ability to play a forehand shot in Tennis.
3	The teacher introduces the volley shot. The students understand what is meant by the term 'Volley'.
4	The pupils take part in activities to improve their ability to volley the ball. The teacher ensures their stance is correct and when they make contact with the ball the racket is facing up.
5	The students are introduced to how they start a rally in Tennis using a Serve. Students practice serving to targets to increase their ability to perform the serve whilst thinking about accuracy.
6	Students take part in a number of activities which enable them to showcase all the skills they have learnt over the course of the term.