

LESSON PLAN: TAG RUGBY: YEAR 1: WEEK 6

LESSON OBJECTIVE: To learn how to score a 'try'.

WARM UP (10 MINS)

Cones and Domes: Place class into two teams. Within a set area, one team will turn markers from a cone shape to a dome shape and the other team the opposite. After 30 seconds, see how many markers are in each shape to determine the winners.

MAIN LESSON (20 MINS)

Explain that in rugby, players score by placing the ball down in the 'try area' (demonstrate the action by placing the rugby ball onto the ground with two hands). Sporadically set out cones. In pairs, number pupils 1 and 2. 1's start with the ball, running in and out of the cones, number 2's follow them. If the teacher shouts 'try', the person with the ball touches the nearest cone with the ball (keeping the ball in two hands). If the teacher shouts pass, they have to stop and pass to number 2's.

DEVELOP: Introduce scoring hoops. Number 1's stand in a hoop. Number 2's run around space, when the whistle blows, they have find their partner, throw the ball to them accurately so they can catch it and place it down in the hoop for a try. Highlight good example. Q-Why is it good and can you copy this action?

QUESTION: Why is it good & can you copy this action?

GAME/COMPETITION (15 MINS)

End ball: 2v2. Pupils in a set area, with a hoop either end. Pupils start in the middle. They have to move and pass with their partner and catch the ball in the hoop and place it down to score a point. When they score ball goes to the other team.

EQUIPMENT

- Cones
- Hoops
- Balls

KEYWORDS

- Accuracy
- Eye Contact
- Sticky hands

DIFFERENTIATION

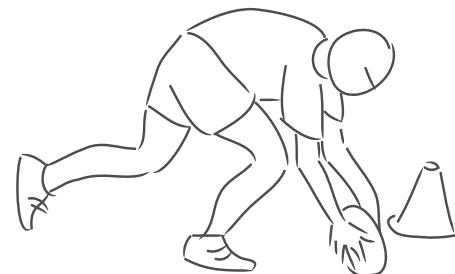
LESS ABLE

Encourage less able to stand closer to their partner to catch the ball.

In game include more scoring hoops.

MORE ABLE

Use one scoring hoop in the end ball game, and use a larger area.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they attack to a high ability?
	2	Can they attack with a certain degree of control?
	1	Can they attack, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates the use of tactics and a understanding of the rules.
	2	Can work in a team & understands the rules.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills : attacking and passing the ball to a high ability?
	2	Can they show and link : attacking with some accuracy?
	1	Show how to get into space to receive the ball.
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.