

# LESSON PLAN: TAG RUGBY: YEAR 6: WEEK 6

**LESSON OBJECTIVE:** To learn full tag rugby rules and to apply them in a game situation.

## WARM UP (10 MINS)

In groups of 4 students will get into a square and pass the ball quickly between them in any direction, trying to fool others in the group. If they drop the ball they will drop down to both knees and carry on. Another drop will lead to one knee, one final drop will mean they are out.

## MAIN LESSON (10 MINS)

Gauntlet: Using the skills that they have learnt over the last term, apply them to try and beat the gauntlet. Line up two lines of cones about 7m apart. At intervals line up some cones/hoops for the gladiators (tacklers) to stand on. Choose 5 students to be tacklers. The rest of the class take it in turns to run through the gauntlet without losing their tag. The defender cannot go after them once they have gone past them. Change the tacklers.

**Develop:** Pupils can only tag using their non-dominant hand.

## GAME/COMPETITION (25 MINS)

Pupils to play full rules tag rugby. 7 vs 7 the students will apply the skills they have developed over the previous weeks, and apply them to a game situation. Focus must be on running straight and passing the ball as they are about to be tackled. Tacklers must hold the tag high in the air and shout tag to count as a full tackle.

## EQUIPMENT

- Cones
- Hoops
- Balls

## KEYWORDS

- Accuracy
- Eye contact
- Place the ball down

## DIFFERENTIATION

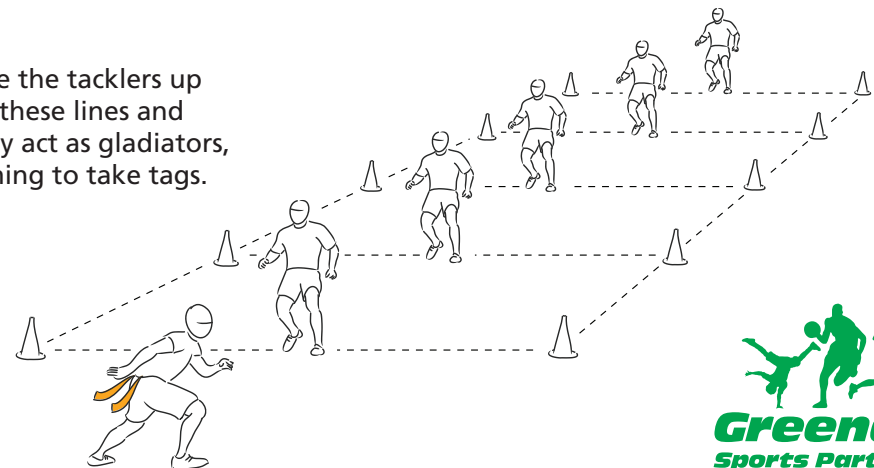
### LESS ABLE

- Encourage less able to stand closer to their partner to catch the ball.
- In game, pupils can walk first before trying to run. Include safe areas where they can't be tagged.
- In gauntlet, have less tacklers.

### MORE ABLE

- Larger game area.

Line the tacklers up on these lines and they act as gladiators, aiming to take tags.



# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform the scoring skills to a high ability?
	7	Can they perform the scoring skills with a certain degree of control?
	6	Can they perform scoring skills, but to a low ability?
Tactics, Rules & Teamwork	8	Works in a team & demonstrates the use of tactics & the understanding of rules.
	7	Can work in a team & understands the rules.
	6	Starts communicating within a team.
Show & Link	8	Can they link: all the skills they have learnt over the course of the term to play in a game situation?
	7	Can they show and link: passing, catching, running, tagging together?
	6	Show passing and moving skills together.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why Tag Rugby has health benefits.
	7	Has some knowledge of why Tag Rugby has health benefits.
	6	Has little knowledge of why Tag Rugby has health benefits.