

LESSON PLAN: **ROUNDERS:** YEAR 6: WEEK 3

LESSON OBJECTIVE: To develop batting skills and tactics in rounders.

WARM UP (10 MINS)

Ask pupils to perform their own warm ups in pairs. Watch to see who understands. Ask one to lead pulse raising movements, and one to lead the stretches.

MAIN LESSON (20 MINS)

Introduce a circular rounders bat and explain batting rules and technique. Pupils in 4's (batter, bowler, fielder and backstop). The bowler bowls the ball to the batter and the batter attempts to hit the ball into any direction. The fielder/backstop collects the ball and returns it to the bowler. They will have 5 goes each and swap over. Encourage them to watch the ball carefully.

Develop: Demonstrate how pupils can use the back of the bat to hit the ball in a different direction. Explain why we might do this (to fool opponents). Set up 'zones'. Each zone is worth a different amount of points. Repeat task but pupils to hit the ball with power and add their score up depending on the zone their ball is hit in.

GAME/COMPETITION (15 MINS)

Set up rounders posts: Split class into 2 teams. Batters attempt to hit the ball from the bowler feed. They then run, whether they hit it or not, around all four bases and attempt to run to 4th before the fielders can retrieve the ball and throw to 4th to stump the player out. No stopping at bases. If they score a rounder they will score a different amount of points depending on the zone their ball was hit in.

EQUIPMENT

- Sponge balls
- Flat bats
- Tennis rackets
- Bases, cones

KEYWORDS

- Watch the ball
- Side on
- Hold bat high
- Power

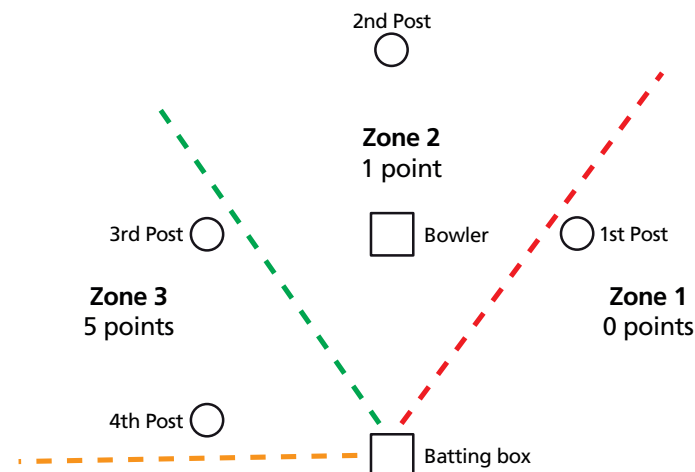
DIFFERENTIATION

LESS ABLE

- Use tennis rackets/ bigger ball.
- Batter lets the ball bounce first before attempting to hit it.

MORE ABLE

- Stand further away from the feeder (bowler).
- Use a smaller ball and a rounded rounders bat.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform the batting skills with a ball fed from a bowler, to a high ability?
	7	Can they perform the batting skills with a ball fed from a bowler, with a certain degree of control?
	6	Can they perform the batting skills with a ball fed from a bowler, but to a low ability?
Tactics, Rules & Teamwork	8	Works in a team & demonstrates the use of tactics & the understanding of rules.
	7	Can work in a team & understands the rules.
	6	Starts communicating within a team.
Show & Link	8	Can they link: batting the ball accurately in a variety of directions?
	7	Can they show and link: batting the ball with accuracy?
	6	Show they can hit the ball with a bat.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.