

SCHEME OF WORK: **ROUNDERS:** YEAR 5

LESSON	OUTLINE OF LESSON
1	Pupils learn how to perform a two handed and one handed catch when a partner feeds them the ball. A competitive element adds pressure to challenge the pupil's ability.
2	Pupils learn to consistently throw and catch with a partner at long distances.
3	Pupils learn to strike a bowled ball. Focus on using power and strength. Batting tactics are also introduced aiming into zone areas.
4	Pupils learn running skills and experiment with the speed in which they run using fun modified games.
5	Pupils explore the bowling technique and target throwing.
6	Pupils learn basic rules and positions and play enjoyable modified games with a competitive element to encourage the use of their skills in a game situation.