

# SCHEME OF WORK: **ROUNDERS:** YEAR 4

LESSON	OUTLINE OF LESSON
1	Pupils learn how to perform a two handed and one handed catch when a partner feeds them the ball. A competitive game adds pressure to challenge pupil's ability.
2	Pupils learn to over arm throw and catch consistently with a partner at long distances.
3	Pupils learn to strike a bowled ball focussing on using power and strength. Batting tactics are also introduced.
4	Pupils learn running skills and experiment with the speed in which they run using fun modified games.
5	Pupils explore fielding techniques, and test running and throwing skills.
6	Pupils learn basic rules and positions and play enjoyable modified games with a competitive element to encourage the use of their skills in a game situation.