

LESSON PLAN: **ROUNDERS:** YEAR 2: WEEK 5

LESSON OBJECTIVE: To learn and develop basic fielding techniques.

WARM UP (10 MINS)

Pupils in pairs run around the bases, it's a race to see who reaches 4th base first. Repeat.

MAIN LESSON (20 MINS)

In partners, stand side by side, 1 ball between them.

1 person rolls the ball forwards and as soon as it leaves their hands, their partner runs to collect the ball by scooping it up in one hand. When they pick the ball up, they need to turn around and underarm throw the ball back to their partner.

Develop: Repeat the practice but this time, using the overarm throw. Explain that underarm is for short distances and an overarm throw is for longer distances. Pupils are to choose the correct skill, depending where they collect the ball. Highlight anyone who is doing it really well.

GAME/COMPETITION (15 MINS)

Chuck the chicken: Split the class into two teams. The 'batting' team stand in a straight line side by side. The fielding team spread out in a space ready to run and collect the ball using their newly learned technique. The first person in the 'batting' team shouts 'chuck the chicken' and bats the ball out as far as they can. As soon as they hit the ball, they run around their team members and back to their original place. Then the person next to them repeats this. Each run is a point until the fielders can collect the ball, form a line and throw the ball to everyone in their team. The last person to catch the ball in the fielding team shouts stop. How many runs did the batting team get before they shouted stop?

EQUIPMENT

- Cones/markers
- Sponge balls/tennis balls

KEYWORDS

- Run to the side of the ball
- Make a cup shape with your hands

DIFFERENTIATION

LESS ABLE

- Let them stand in front of their partner in the warm up.
- Give them a head start in the main activity.

MORE ABLE

- Ask their partner to roll the ball as hard as they can to really make them run for the ball in the main activity.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	4	Can they perform their underarm and overarm fielding skills to a high ability?
	3	Can they perform their underarm and overarm fielding skills with a certain degree of control?
	2	Can they perform underarm and overarm fielding skills, but to a low ability?
Tactics, Rules & Teamwork	4	Works in a team & demonstrates the use of tactics & the understanding of rules.
	3	Can work in a team & understands the rules.
	2	Starts communicating within a team telling each other where to stand to catch the ball.
Show & Link	4	Can they link: running, scooping, throwing and catching together to a high ability?
	3	Can they show and link: running, scooping and throwing skills together to a good ability?
	2	Show running and scooping up the ball together.
Describe Ways to Improve	4	Are able to describe and improve performance.
	3	Are able to describe performance.
	2	Are able to see differences in performance against a simple model.
Fitness & Health	4	Shows a solid understanding of why fielding skills have health benefits.
	3	Has some knowledge of why fielding skills has health benefits.
	2	Has little knowledge of why fielding skills has health benefits.