

# LESSON PLAN: **ROUNDERS**: YEAR 2: WEEK 3

**LESSON OBJECTIVE:** To learn and become familiar with the batting technique.

## **WARM UP (10 MINS)**

In Partners standing opposite each other, pupils practice their throwing and catching from the previous week. See how many times they can throw and catch in 1 minute. If they drop the ball, they have to start counting again from zero. Repeat: This time after each throw, pupils have to move into a different space.

## **MAIN LESSON (20 MINS)**

Introduce a flat rounder's bat and explain the batting technique (making contact with the ball within the air). In partners, they are to play keepy uppy's as a pair. Using a sponge ball, pupils are to see how many times they can hit the ball up to each other without it dropping on the floor. Pupils cannot hit the ball more than twice before their partner has to hit it. Count their highest score. Encourage them to watch the ball carefully and for them to try and direct the ball towards their partner.

**Develop:** Explain that in rounder's we need to attempt to hit the ball with more power to make the ball land a large distance away. Place a line of cones out in front of the pupils at different distances. Pupils to let the ball bounce in front of them, and then pupils attempt to strike it as hard as they can out towards the cones. If the ball reaches the first line of cones, they score 10 points, 2nd line of cones they score 20 points, and the 3rd line of cones they score 30 points.

## **GAME/COMPETITION (15 MINS)**

In small groups of 6 (3 batters and 3 fielders), the batters, one at a time, let the ball bounce and hit it out as far as they can. They have 3 attempts to hit the ball. If they are successful, they have to run around four cones (set up like a rounder's pitch). If they get all the way around before the fielders get the ball back to the starting point, they score 10points. The teams swap over after two goes each, and see which team scores the highest.

## **EQUIPMENT**

- Sponge balls
- Flat bats/tennis rackets
- Bases
- cones

## **KEYWORDS**

- Watch the ball
- Side on body position
- Hold the bat high
- Concentration

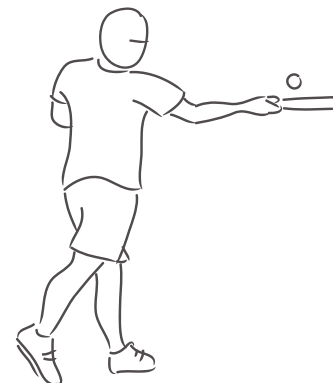
## **DIFFERENTIATION**

### **LESS ABLE**

- Use tennis rackets instead of flat rounders' bats.
- The batter can hit a stationary ball off a cone.

### **MORE ABLE**

- They can be given a smaller ball.
- They can be fed the ball rather than letting it bounce.
- in front of them.



# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	4	Can they perform their batting skills with a ball fed from a bowler, to a high ability?
	3	Can they perform their batting skills with a ball in motion, with a certain degree of control?
	2	Can they perform their batting skills with a stationary ball and to a low ability?
Tactics, Rules & Teamwork	4	Works in a team & demonstrates the use of tactics & the understanding of rules.
	3	Can work in a team & understands the rules.
	2	Starts communicating within a team.
Show & Link	4	Can they link the skills: batting from a thrown ball to a high ability?
	3	Can they show and link: batting from a ball that has been bounced in front of them to a good ability?
	2	Can they show the fundamental skills of batting from a still target?
Describe Ways to Improve	4	Are able to describe and improve performance.
	3	Are able to describe performance.
	2	Are able to see differences in performance against a simple model.
Fitness & Health	4	Shows a solid understanding of why physical activity has health benefits.
	3	Has some knowledge of why batting skills has health benefits.
	2	Has little knowledge of why batting skills has health benefits.