# LESSON PLAN: **ROUNDERS:** YEAR 1: WEEK 6

# LESSON OBJECTIVE: To be able to use the skills learned in a modified game.

# **WARM UP (10 MINS)**

In partners, pupils all face the same direction. They are to roll the ball out in front of them towards a line of cones. As soon as the ball leaves their partner's hands, they try and chase the ball and scoop it up before it rolls over the line. Swap over.

Question: Why do we warm up?

# **MAIN LESSON (20 MINS)**

In groups of 6, set up cones for bases and demonstrate a simple modified game. Bowler feeds the ball for the batter; they attempt to hit the ball. As soon as they have hit the ball, they run around the bases and try to get to 4th base before the fielders get the ball back to the bowler. When the bowler gets the ball, they shout stop. Rounder scored if they reach 4th base before stop is shouted. Three goes each, then all swap places until every has had their 3 goes.

# **GAME/COMPETITION (15 MINS)**

Split class into two teams, same game but now, batters only get one attempt to hit the ball. Teacher should bowl.

# **EQUIPMENT**

- Cones/markers
- Base and posts
- Sponge balls
- Flat bats/tennis bats

#### **KEYWORDS**

- Watch the ball
- Outside of the bases
- Underarm throwing

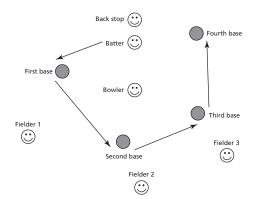
# **DIFFERENTIATION**

#### **LESS ABLE**

Let them feed the ball to themselves when batting.

#### **MORE ABLE**

See if pupils can bowl to each other.





# **ASSESSMENT FOR LEARNING**

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they field and bat to a high ability?
	2	Can they field and bat with a certain degree of control?
	1	Can they field and bat with some technique, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates the use of tactics & the understanding of rules.
	2	Can work in a team & understands the rules.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills : running, fielding, batting and throwing?
	2	Can they show and link : fielding and batting?
	1	Show the fundamental skills involved in the basic game.
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.

