

LESSON PLAN: **NETBALL**: YEAR 6: WEEK 4

LESSON OBJECTIVE: To apply their knowledge of dodging and moving into space to develop the centre pass.

WARM UP (10 MINS)

In small groups, pupils are to perform their own warm up activities. Ask each person in the group to lead a pulse raising activity for 30 seconds. After the pulse raising activities, pupils to lead a stretch each.

MAIN LESSON (20 MINS)

Explain to pupils that if they pass in a set sequence within a game, it makes the attack more forceful as players know where to be and when. It makes it easier to dodge and lose the opponents.

In groups of 5, ask pupils to give themselves a number 1-5. Pupils within a set space to practice passing the ball in order of their numbers. When players have passed the ball, they are to keep running around to create space. When players reach the 5th person, they start again.

Develop: Include 2 defenders to put pressure on the attackers. Encourage them to dodge and move into space.

GAME/COMPETITION (15 MINS)

Teams to play a full game of high fives using sequence passing. Remind pupils about the 3 second rule and tell them that if they cannot pass to their scheduled person, to look for another option.

EQUIPMENT

- Netballs
- Cones
- Bibs
- Posts

KEYWORDS

- Sequence passing
- Attacking
- Drive into space

DIFFERENTIATION

LESS ABLE

- Walk through sequence passing drill to begin with.
- Only use 1 type of passing until they are more confident.

MORE ABLE

- Include more defenders on the sequence passing drill.
- Encourage pupils to use all different types of passes.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform sequence passing to a high ability?
	7	Can they perform sequence passing with a certain degree of control?
	6	Can they perform sequence passing with very little control?
Tactics, Rules & Teamwork	8	Works with their partner & demonstrates knowledge & understanding of the task.
	7	Can work with a partner & understands the directions.
	6	Starts communicating with a partner.
Show & Link	8	Can they link: movement, space awareness skills and ball handling skills within a game situation?
	7	Can they show and link: some movement, space awareness skills and ball handling skills within a game?
	6	Show how to perform sequence passing within a practice.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.