

LESSON PLAN: **NETBALL**: YEAR 6: WEEK 2

LESSON OBJECTIVE: To develop and refine short distance passing skills in a game situation.

WARM UP (10 MINS)

Pupils run around in an area and when the teacher shouts change direction, pupils are to jump up and turn in the air performing the correct footwork. In partners, pupils are to lead their own stretches.

MAIN LESSON (20 MINS)

Recap netball specific (short distance) passes.

Chest pass:

- Feet shoulder width apart
- Hands in a 'w' shape behind the ball
- Elbows tucked in towards the body
- Step forward and push and flick the fingers towards the target

Bounce pass: Same as above except push the ball towards the floor so that the ball bounces up at their partners hands.

In pairs facing each other, with a ball each. One person performs a bounce pass to their partner whilst the other uses a chest pass at the same time. Nominate one of the pupils to shout change in which they will then change passing roles. See how long they can keep the passes continuous without dropping the ball or getting the passes mixed up. Swap partners.

Develop: In groups of 4 standing in a square (place cones out so children know where to stand). Two of the player's chest/bounce pass a ball each diagonally across the square. The other two players at the same time have to run in to receive the ball in the middle from the person on their left, turn in the air and pass the ball to the feeder on their right. They then run back around their cone and repeat the practice.

GAME/COMPETITION (15 MINS)

5v5: Teams are to try and pass to each other to get the ball in their hoop to score a point. Rotate groups after 2 minutes and keep a tally of groups overall points.

EQUIPMENT

- Netballs
- Bibs
- Cones

KEYWORDS

- Technique
- Accuracy
- Power / strength

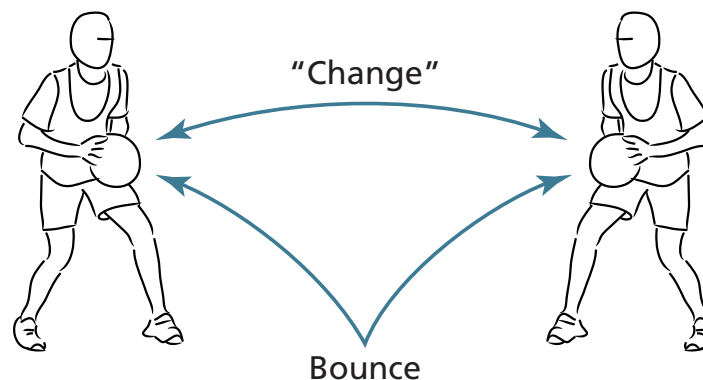
DIFFERENTIATION

LESS ABLE

- Pupils can start by passing one ball before including another ball within the main activity.

MORE ABLE

- In the game / competition, all players must have been thrown to before they can attempt to score by placing the ball in the hoop.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform the short distance throwing skills to a high ability?
	7	Can they perform the short distance throwing skills with a certain degree of control?
	6	Can they perform some of the short distance throwing skills, with very little control?
Tactics, Rules & Teamwork	8	Works with their partner & demonstrates knowledge & understanding of the task.
	7	Can work with a partner & understands the directions.
	6	Starts communicating with a partner.
Show & Link	8	Can they link: their movement, body position, ball handling and co-ordination skills to perform the netball short passes?
	7	Can they show and link: some of their movement, body position, ball handling and co-ordination skills to perform the netball short passes?
	6	Show knowledge of how to move and get into the correct body position but are unable to execute the pass to its full capacity.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.