

LESSON PLAN: **NETBALL**: YEAR 3: WEEK 6

LESSON OBJECTIVE: To attempt the shooting technique and basic positions in a game situation.

WARM UP (10 MINS)

Explain the positions for netball and the starting places for each one. You can test pupils by asking them to run around in the space, and call out different positions and they have to run to that position starting place. Pupils lose a life if they get it wrong. They have 3 lives.

MAIN LESSON (20 MINS)

Explain the rules for shooting and demonstrate the technique. Pupils are to practice from different distances away from the post. Award points, more points for a larger distance away.

Develop: Pupils to pair up with a partner and peer assess their technique. They can have a competition to see how many out of 10 they get in.

GAME/COMPETITION (15 MINS)

Mini- tournament. 5v5 games. All rules learned apply.

EQUIPMENT

- Netballs
- Netball posts
- Markers
- Bibs

KEYWORDS

- Accuracy
- Aim
- Control
- Co-ordination
- Teamwork

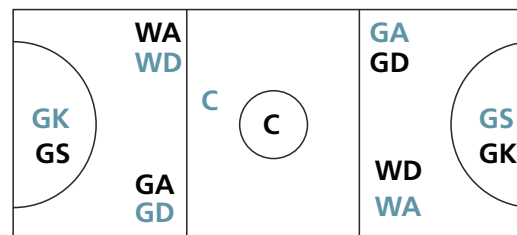
DIFFERENTIATION

LESS ABLE

- Place pupils closer to the net or lower the net to make it easier for them to achieve success.

MORE ABLE

- Place a defender in front of them when they are shooting.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	5	Can they perform their shooting skills to a high ability?
	4	Can they perform their shooting skills with a certain degree of control?
	3	Can they perform their shooting skills, with very little control?
Tactics, Rules & Teamwork	5	Works with their partner & demonstrates knowledge & understanding of the rules and positions.
	4	Can work with a partner & understands the rules of the game.
	3	Starts communicating with a partner within a game situation.
Show & Link	5	Can they link: the different skills required to play with a team to a high ability?
	4	Can they show and link: some of skills to play within a team?
	3	Show knowledge of the skills required to play a game, but is unable to perform them to a good ability.
Describe Ways to Improve	5	Are able to describe and improve performance.
	4	Are able to describe performance.
	3	Are able to see differences in performance against a simple model.
Fitness & Health	5	Shows a solid understanding of why physical activity has health benefits.
	4	Has some knowledge of why physical activity has health benefits.
	3	Has little knowledge of why physical activity has health benefits.