

# SCHEME OF WORK: **MULTI SKILLS:** YEAR 4

LESSON	OUTLINE OF LESSON
1	Students explore different ways to move on their own.
2	Students explore different ways to test their agility.
3	To understand the importance of concentration when balancing.
4	To understand how to incorporate fielding techniques with movement.
5	To understand how to link movement patterns and dodging.
6	Combine skills learnt throughout the previous weeks.