

# LESSON PLAN: KWIK CRICKET: YEAR 3: WEEK 3

**LESSON OBJECTIVE:** Fundamental skills of batting, with a kwik cricket bat.

## WARM UP (10 MINS)

Pupils to have a beanbag or a ball each and to move around in a grid whilst:

- Moving the ball from hand to hand
- Moving the ball around the back/head
- Moving the ball under their legs in a figure of 8

Throw and catch to a partner using underarm and overarm throwing techniques.

## MAIN LESSON (20 MINS)

Teacher to show pupils how to hold a cricket bat:

- Thumbs pointing towards the toe (bottom) of the bat
- Body side onto bowler
- Feet shoulder width apart

In groups of 3 or 4, one bat, one cone and one ball, place the ball on the cone and the batter has 6 hits, they try and hit the ball away from the fielders, fielders have to return the ball to the cone ASAP.

**Develop:** Get one of the fielders to come and bowl under arm to the batter. The ball must bounce once just in front of the batter.

## GAME/COMPETITION (15 MINS)

Split the class into 2 teams: batters & fielders. Set up a line of blue cones approx. 10M away from the batters. Set up a line of red cones, a further 10m away from the blue cones. Batters take it in turns to see how far they can hit the ball, without being caught out. The fielders must return the ball to the bowler (teacher) as quickly as possible. The batting team gets:

1 point: if the ball goes past the blue cones. 2 points : if the ball goes past the red cones.

## EQUIPMENT

- Beanbags
- Balls
- Bats
- Cones

## KEYWORDS

- Bat
- Stance
- Side on

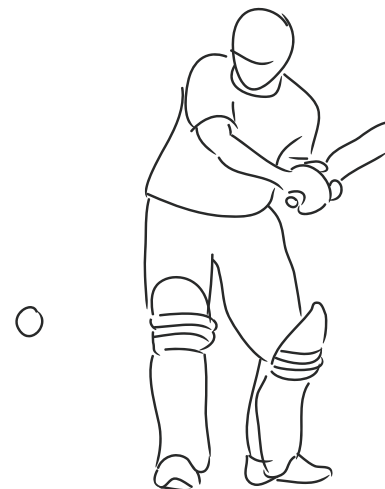
## DIFFERENTIATION

### LESS ABLE

- Use beanbags.
- Shorter distances.
- Larger balls.
- Use a tennis racket

### MORE ABLE:

- Use tennis balls.
- Increase distances.
- Partner to feed the balls rather than resting them on the cones.



# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	5	Can they hit the ball to a high ability?
	4	Can they hit the ball with a certain degree of control?
	3	Can they hit the ball, but to a low ability?
Tactics, Rules & Teamwork	5	Works in a team and demonstrate the use of tactics and an understanding of the rules.
	4	Can work in a team and understands the rules.
	3	Starts communicating within a team.
Show & Link	5	They can link the skills: Holding the bat correctly and hitting the ball with accuracy to a high ability?
	4	Can they show and link: Hitting the ball with some accuracy?
	3	Show how to hold the cricket bat correctly.
Describe Ways to Improve	5	Are able to describe and improve performance.
	4	Are able to describe performance.
	3	Are able to see differences in performance against a simple model.
Fitness & Health	5	Shows a solid understanding of why physical activity has health benefits.
	4	Has some knowledge of why physical activity has health benefits.
	3	Has little knowledge of why physical activity has health benefits.