

LESSON PLAN: KWIK CRICKET: YEAR 6: WEEK 4

LESSON OBJECTIVE: Development of batting and fielding skills in kwik cricket, with over arm bowling.

WARM UP (10 MINS)

Two sets of stumps 25m apart with a circle of cones around each set. Two teams one at each end with 1 ball. The teams' objective is to throw the ball to each other and move towards the opposite end to hit the stumps without going in the coned circle. Pupils must not: move with the ball, use their feet, snatch the ball or throw overarm.

MAIN LESSON (20 MINS)

Four stumps in a line 5m apart, 1 hoop 2m in front of every stump, a cone 16m in front of the hoop. Four teams sat behind the cone in a single file facing the stumps. The first player moves behind the stumps to start as the wicket keeper, the first player in the line starts with the ball. On the teachers command the first player bowls the ball aiming to land in the hoop then hit the stump. The wicket keeper collects the ball and runs it back to the next player in the line then joins the back of the line. The bowler then becomes the wicket keeper.

Develop: Points scored as follow: 5 points for landing in the hoop, 5 points for hitting the stumps, 20 points for both.

GAME/COMPETITION (15 MINS)

Stumps 16m apart 4 'gates' (2 cones 5m apart) around the field 15m away from the stumps groups of 7/8. 1 batter, 1 bowler, 1 wicket keeper (back stop) and 4 fielders behind the gates. Bowler bowls over arm to the batter who attempts to hit the ball through the gates.

Batter scores as follows:

- Hits the ball 1 run
- Hits the ball through gate 4 runs
- Hits the ball and runs to 2nd stump and back 2 runs
- Can be out bowled, caught, hit wicket or run out and 5 runs given to the bowler
- The batter has 6 attempts and the players swop roles

EQUIPMENT

- Bats
- Balls
- Stumps
- Cones
- Bibs
- Hoops

KEYWORDS

- Straight arm
- Body sideways
- Follow through
- Reach for target

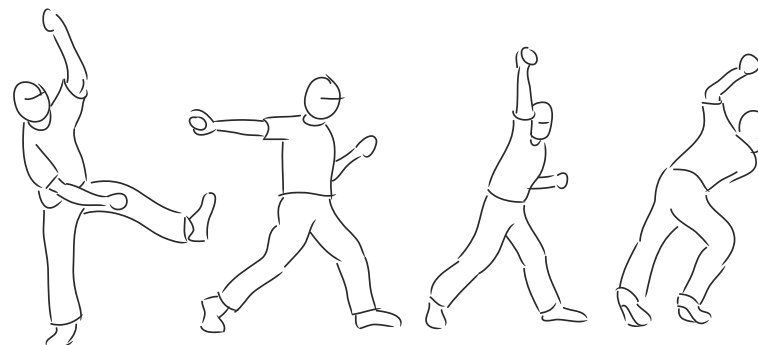
DIFFERENTIATION

LESS ABLE

- Shorter distances.
- Underarm bowling.

MORE ABLE

- Over arm bowling with run up.
- Longer wicket to bowl on.
- Smaller targets.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform the bowling skills to a high ability?
	7	Can they perform the bowling skills with a degree of control?
	6	Can they show an understanding of the bowling skills?
Tactics, Rules & Teamwork	8	Works with their partner & demonstrates knowledge & understanding of the task.
	7	Can work with a partner & understands the directions.
	6	Starts communicating with a partner.
Show & Link	8	Can they link: overarm bowling in a game situation with accuracy?
	7	Can they show and link: overarm bowling in a drill?
	6	Show they have knowledge of the overarm bowling technique.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.