

LESSON PLAN: KWIK CRICKET: YEAR 6: WEEK 1

LESSON OBJECTIVE: Learn basic fielding skills whilst moving.

WARM UP (10 MINS)

In pairs pupils pass and move the ball around the grid. When pupils have the ball in their hand they are unable to move. Join groups together and work in groups of 4.

MAIN LESSON (20 MINS)

Pairs are to stand 15m apart:

One hand pick up and under arm throw:

Pupils roll the ball towards their partner who moves towards the ball and picks it up, with their fingers pointing down and palm facing the ball.

Over arm throw:

As above but increase the distance to 20m with an overarm throw to partner. Ensure the throwing position is balanced and sideways to the target.

Develop: Run out Game: Two teams, two stumps 18m apart. The batting team stands behind one set of stumps with bats. The fielding team stand 20m to the side of the batters in a single file with a wicket keeper (back stop) at each set of stumps. The teacher rolls the ball to the first fielder who picks it up and throws it to either wicket keeper. Meanwhile the batsman runs to the first stump for 1 run or both stumps for 2 runs. The objective is for the fielders to throw the ball to the correct set of stumps to run the batsman out.

GAME/COMPETITION (15 MINS)

Two teams, 1 set of stumps, place cones in a straight line at 5m, 10m, 15m in front of the stumps. The fielding team spread out in the field with 1 wicket keeper. The batter hits the ball from a cone and chooses which cone to run to. The fielding team field and return the ball to the wicket keeper who tries to run the batsman out.

EQUIPMENT

- Beanbags
- Balls
- Stumps
- Cones
- Bats

KEYWORDS

- Over arm throw
- Under arm throw
- Wicket Keeper
- Stumps
- Decision making

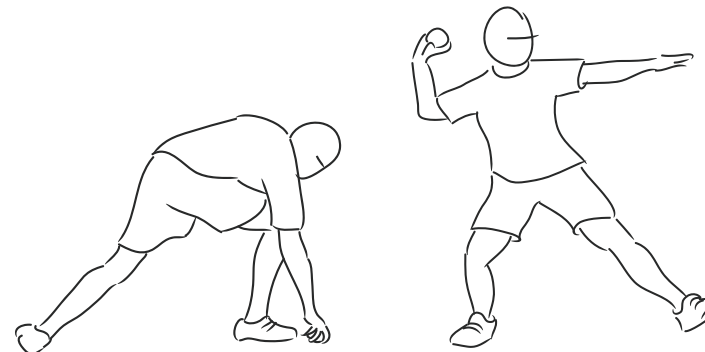
DIFFERENTIATION

LESS ABLE

- Use beanbags.
- Shorter distances.
- Bigger / softer balls.

MORE ABLE

- Use tennis ball.
- further distances.
- Practice with weak hand/ side.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform the throwing skills to a high ability?
	7	Can they perform the throwing skills with a degree of control?
	6	Can they show an understanding of the throwing skills?
Tactics, Rules & Teamwork	8	Works with their partner & demonstrates knowledge & understanding of the task.
	7	Can work with a partner & understands the directions.
	6	Starts communicating with a partner.
Show & Link	8	Can they link: movement, receiving the ball and throwing with accuracy?
	7	Can they show and link: receiving the ball and throwing?
	6	Show they can throw the ball.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.