

LESSON PLAN: KWIK CRICKET: YEAR 5: WEEK 3

LESSON OBJECTIVE: To develop batting and learning how to play a defensive shot.

WARM UP (10 MINS)

Running with the bat:

- Place 2 cones 10m apart x 4, 4 teams each lined up behind the first cone.
- 2 bats per team.
- On the teachers signal the first player from each team runs to the second cone and back.
- When they return the 2nd player goes, repeat until all players have been.
- Ensure pupils hold the bat in two hands and slide the bat on the floor past the cone.

MAIN LESSON (20 MINS)

Forward Defensive shot:

- Make a circle of cones with a 5m diameter; place a set of stumps on the edge of the circle.
- This needs to be set up for every 5 players.
- One batter by the stumps, one bowler on the edge of the circle, other fielders around the edge of the circle.
- Bowler bowls underarm at the stumps making the ball bounce once.
- The batter steps forward and 'blocks' the ball, aiming to make it bounce in the circle.
- The fielders must stay outside the circle but can catch the ball if they can.
- The batter has 5 goes and the players swap over.

The score can be kept, 1 run if it lands in the circle, -1 if they are out.

Safety: Make it clear to pupils they must not play attacking shots.

GAME/COMPETITION (15 MINS)

Hit and Run: One batting team and one fielding team with one set of stumps. 1 bowler bowls to the batter who hits the ball. If the batter hits it they have to run around a cone set 5 meters to the side of the stumps. They can run as many times as they like but once the fielders get the ball back to the bowler they are allowed to bowl straight away even if the batter is not there. If they play a defensive shot they don't have to run, maximum 6 bowls per batter.

EQUIPMENT

- Bats
- Balls
- Stumps
- Cones

KEYWORDS

- Keep head down
- Keep bat close to front leg
- Weight on Front leg
- Make sure the bat is facing down towards the floor
- Soft hands
- Let the ball hit the bat not 'striking' the ball.

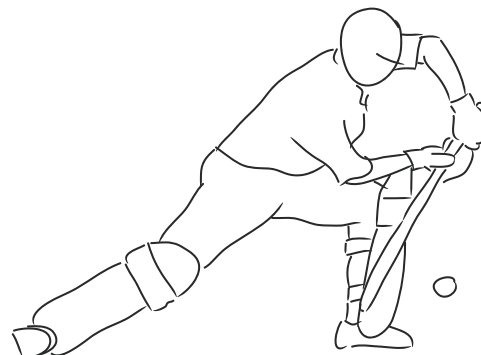
DIFFERENTIATION

LESS ABLE

- Vary distances.
- Larger/softer balls.

MORE ABLE

- Vary distances.
- One hand, one bounce.
- Bouncier balls.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	7	Can they perform the batting skills to a high ability?
	6	Can they perform the batting skills with a degree of control?
	5	Can they show an understanding of the batting skills?
Tactics, Rules & Teamwork	7	Works with their partner & demonstrates knowledge & understanding of the task.
	6	Can work with a partner & understands the directions.
	5	Starts communicating with a partner.
Show & Link	7	Can they link: different movements when batting, focusing on a defensive shot?
	6	Can they show and link: some movements and coordination when batting?
	5	Show they can bat the ball.
Describe Ways to Improve	7	Are able to describe and improve performance.
	6	Are able to describe performance.
	5	Are able to see differences in performance against a simple model.
Fitness & Health	7	Shows a solid understanding of why physical activity has health benefits.
	6	Has some knowledge of why physical activity has health benefits.
	5	Has little knowledge of why physical activity has health benefits.