

LESSON PLAN: KWIK CRICKET: YEAR 5: WEEK 2

LESSON OBJECTIVE: To develop retrieving, catching and returning the ball whilst fielding.

WARM UP (10 MINS)

Put pupils into groups of 6, 15m apart, 3 at each end. Player 1 rolls the ball to the opposite end then follows the ball and joins the back of the opposite line. Player 2 fields the ball and rolls it to the other end and follows the ball and repeat.

Develop: Replace the roll with an underarm throw and low catch, high catch and overarm throw 1 bounce.

MAIN LESSON (20 MINS)

Put pupils into groups of 4-8, single file behind a cone, groups 10m apart all facing forward.

Chase and retrieve with over arm throw:

- Player 2 rolls the ball about 20m, player 1 chases the ball, picks it up and throws overarm back to player 2.
- Player 2 hands the ball to player 3 who rolls the ball out for player 2 and repeat.
- Once the player has thrown the ball they join the end of the line.

Chase and relay throw:

- As above but ball rolled further (30m).
- Player 1 chases and retrieves the ball.
- After rolling the ball player 2 moves half way between the ball and the start.
- Player 1 throws to player 2 who throws to player 3 back at the start.
- Player 1 and 2 join the back of the line and player 3 becomes the next chaser.
- Key points: Accuracy of throw and catching technique.

GAME/COMPETITION (15 MINS)

Runners verses fielders: Two equal teams stood 10m apart facing forward in a single file. Teacher in the middle. Team 1 are the batters, team 2 field. The teacher rolls the ball out, batter 1 runs to a cone 15m away and back, meanwhile the fielder 1 chases the ball, picks it up and returns it to the teacher with an overarm throw. Batters score if they get back before the ball, fielders score by getting the ball back before the batter. Tally score then swap over.

EQUIPMENT

- Variety of Balls
- Stumps
- Cones
- Bats

KEYWORDS

- Opposite leg to throwing arm
- Follow through with arm
- Point at target
- Roll
- Relay

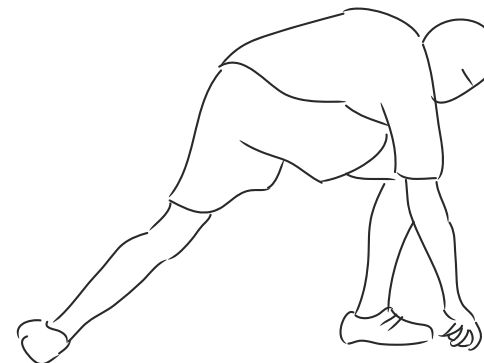
DIFFERENTIATION

LESS ABLE

- Shorter distances.
- Larger/softer balls.

MORE ABLE

- Further distances.
- Harder balls.
- Practice weak side.
- Increase pressure by making it a race.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	7	Can they perform the fielding skills to a high ability?
	6	Can they perform the fielding skills with a degree of control?
	5	Can they show an understanding of the fielding skills?
Tactics, Rules & Teamwork	7	Works with their partner & demonstrates knowledge & understanding of the task.
	6	Can work with a partner & understands the directions.
	5	Starts communicating with a partner.
Show & Link	7	Can they link: passing, catching and moving?
	6	Can they show and link: passing and catching??
	5	Show they can field the ball.
Describe Ways to Improve	7	Are able to describe and improve performance.
	6	Are able to describe performance.
	5	Are able to see differences in performance against a simple model.
Fitness & Health	7	Shows a solid understanding of why physical activity has health benefits.
	6	Has some knowledge of why physical activity has health benefits.
	5	Has little knowledge of why physical activity has health benefits.