

LESSON PLAN: KWIK CRICKET: YEAR 4: WEEK 2

LESSON OBJECTIVE: Continue to develop fielding/catching skills and returning the ball on the move.

WARM UP (10 MINS)

In a grid pupils are to pass and move in pairs, no one is allowed to walk or stand still; if they do they have to do 10 star jumps. Vary this by using different sized balls and also changing the size of the grid. You can add a defender who has to try and intercept the balls.

MAIN LESSON (20 MINS)

Split the class into groups, and set up 2 stumps 15 meters away, set this up so every 2 groups have 2 stumps. The teacher, teaching assistant or more able pupil, has to feed the balls out and catch them when returned, fielders are to attack the ball and return it as quickly as possible.

Develop: Vary the distance and angles of the throws.

Start with rolling the ball out, then throw it up for a catch, and then throw it out so it bounces once or twice before reaching the pupils.

Continue the drill and explain that the pupils have to make the right movement to attack the ball, they also need to make the right decision for an over/under arm throw, when returning the ball. If the catch is above the head they are better with an over arm throw and if they are fielding it off the floor and they are close to the wicket they can use an underarm throw.

GAME/COMPETITION (15 MINS)

In teams of 5, line up approx. 20 meters apart with one set of stumps in the middle, one team start with a ball and have to try and hit the stumps, if they hit them they get 1 point. If they miss them then the other team has to collect the ball and try to hit the stumps.

EQUIPMENT

- Beanbags
- Balls
- Stumps
- Cones

KEYWORDS

- Opposite leg to throwing arm
- Follow through with arm
- Point at target
- Walking in

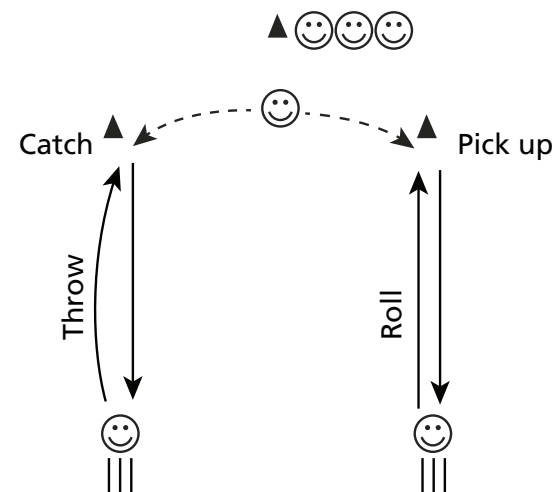
DIFFERENTIATION

LESS ABLE

- Use beanbags.
- Shorter distances.
- Larger balls.

MORE ABLE:

- Use tennis balls.
- Increase distances.
- Add a batter.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	6	Can they catch and return the ball to a high ability?
	5	Can they catch the ball and return it with a certain degree of control?
	4	Can they either catch the ball or return it but to a low ability?
Tactics, Rules & Teamwork	6	Is able to explain when and how to catch the ball and throw on the move.
	5	Can choose how to field the ball using tactics.
	4	Is able to show some teamwork when fielding.
Show & Link	6	Can they link: catching, passing, moving to field the ball?
	5	Can they show and link: catching and throwing to field the ball?
	4	Show how to field the ball.
Describe Ways to Improve	6	Are able to describe and improve performance.
	5	Are able to describe performance.
	4	Are able to see differences in performance against a simple model.
Fitness & Health	6	Shows a solid understanding of why physical activity has health benefits.
	5	Has some knowledge of why physical activity has health benefits.
	4	Has little knowledge of why physical activity has health benefits.