

LESSON PLAN: **INFANT AGILITY:** YEAR 2: WEEK 6

LEARNING OBJECTIVE: Continue to develop hand – eye coordination.

WARM UP (10 MINS)

Using cones, the teacher needs to create a big square within the gym space. Students need to move in a number of ways, commanded by the teacher. When the teacher blows their whistle or states the word, 'freeze', students must stop and hold a freeze position.

LESSON (20 MINS)

Students are given 1 ball between two, they practice throwing the ball against the wall with one hand and catching it with the other. Students keep changing over. The teacher makes this competitive by adding the following elements:

- How many can they do in 30 seconds
- How many can they do in one minutes?

Students are given one ball between two. They must throw the ball high and clap once before catching the ball. Their partner must complete the same. They then need to throw it high again and clap twice in which their partner needs to complete also and so on . . .

Question: Which pair can complete the most claps before catching the ball without dropping it?

GAME/COMPETITION (15 MINS)

Students make a circle around the teacher. If the class is big, create two circles and use a teaching assistant or more able pupil in the middle. The game starts simply with the teacher throwing the ball to any pupil which they need to catch and throw back. This could also be made harder by calling a number. Whatever number the teacher calls, the pupil must complete that many claps before catching the ball. Every student has a set amount of lives. If they drop the ball, they lose a life. Once they are out, they practise their co-ordination using the wall catch.

EQUIPMENT

- Cones
- Soft tennis balls

KEYWORDS

- Eye on the ball
- Concentration
- Throw
- Catch

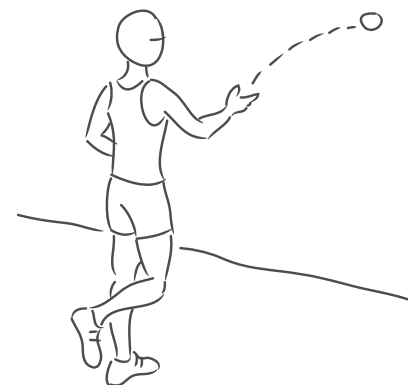
DIFFERENTIATION

LESS ABLE

- Vary the distance they throw the ball.
- Use a bigger ball.

MORE ABLE

- If the student drops the ball, they start again from 0.
- More people in the middle of the circle.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	4	Can they complete the tasks to a high ability?
	3	Can they complete the tasks with a certain degree of control?
	2	Can they complete the tasks with help, but to a low ability?
Tactics, Rules & Teamwork	4	Students are able to work both individually as well as a team, understanding the rules of the drill.
	3	Students are able to work both individually as well as a team and understand some of the rules.
	2	Students are able to work individually but not as a team.
Show & Link	4	Can they link the skills : throwing and catching the ball whilst showing good co-ordination?
	3	Can they show and link : starting to throw and catch the ball?
	2	Show throwing and catching.
Describe Ways to Improve	4	Students are able to describe and improve performance.
	3	Students are able to describe performance.
	2	Are able to see differences in performance against a simple model.
Fitness & Health	4	Students understand why physical activity benefits their health and how they can improve their fitness.
	3	Students are able to show a solid understanding of why physical activity benefits their health.
	2	Students have a basic knowledge of why physical activity benefits their health.