

LESSON PLAN: **HANDBALL:** YEAR 4: WEEK 3

LEARNING OBJECTIVE: Learning when to use the different throws in a game.

WARM UP:

In pairs move around in an area completing the types of passes called out by the teacher:

- Chest
- Bounce
- Overhead
- One-handed shoulder pass
- Shovel pass
- Roll pass
- Jump pass

MAIN LESSON

Pupils to work in 4's, 2 attackers with the ball and 2 defenders trying to intercept (start with 1 defender first, then add the second) like 'Piggy in the Middle.' Attackers have to use the different passes to keep the ball for either 8 complete passes or 30 seconds.

Continue to play the game above, the teacher lays out different shaped areas (e.g. square, circle, and triangle) to work in with cones in order to get pupils to look up and have spatial awareness when playing Handball. Move the groups around so they play in the different shaped areas.

Teacher to get the pupils to discuss when and why they choose to do different passes depending on what the defenders do.

Develop: Give groups different game scenarios and they have to explain what passes they would use. Points can be awarded to individuals or groups for the best answer.

GAME/COMPETITION

Play small sided games with the extra teams watching, the watching teams then have to coach the playing teams and advise them on what passes to use. They need to explain what passes have been successful and why.

EQUIPMENT

- Handballs
- Goals
- Cones
- Bibs

KEYWORDS

- Chest pass
- Bounce pass
- Overhead pass
- One-handed shoulder pass
- Shovel pass
- Roll pass
- Jump pass

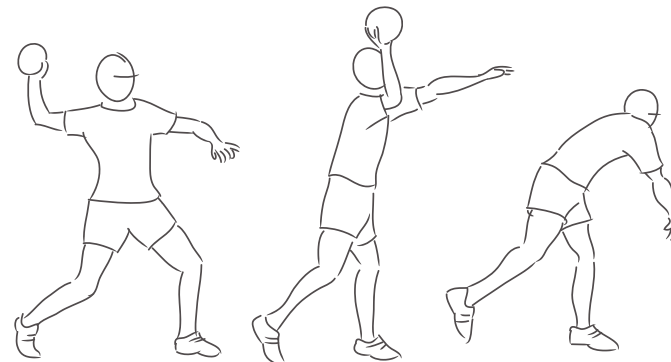
DIFFERENTIATION

LESS ABLE

- Limit to only a few throws.
- Allow more space.
- Ensure defenders stay 2 metres away the person with the ball.

MORE ABLE

- Write down names of throws and draw diagrams of them.
- Pupils can explain when to use passes in different situations.
- Some players can be used as coaches.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	6	Can they perform the skills to a high ability?
	5	Can they perform the skills with a certain degree of control?
	4	Can they show an understanding of the skills?
Tactics, Rules & Teamwork	6	Works with their partner & demonstrates knowledge & understanding of the task.
	5	Can work with a partner & understands the rules.
	4	Starts communicating with a partner.
Show & Link	6	Can they link: all the different passes whilst playing in a game?
	5	Can they show and link: a variety of passes in different spacial situations?
	4	Show 2 different passes.
Describe Ways to Improve	6	Are able to describe and improve performance.
	5	Are able to describe performance.
	4	Are able to see differences in performance against a simple model.
Fitness & Health	6	Shows a solid understanding of why physical activity has health benefits.
	5	Has some knowledge of why physical activity has health benefits.
	4	Has little knowledge of why physical activity has health benefits.