

LESSON PLAN: TRI GOLF: YEAR 1: WEEK 6

LESSON OBJECTIVE: To be able to put all skills together to play a whole round of golf.

LESSON

WARM UP (10 MINS)

Recap battleships : Cover an area sporadically with cones. Set four cones around the outside as tees. Split the class into groups and ask each group to stand behind a different tee in a line. All the pupils at the front of the line go first and aim to hit a cone. If they hit a cone they collect it and return to their group. The next person goes and so on until all the cones have been hit. The team with the most cones win!

MAIN LESSON (20 MINS)

Lay out a golf course using a variety of cones. The pupils, in pairs, must try and get around the course, putting every hole, in the least amount of shots possible. Pupils must take each shot in turn and start by using a chip shot off a tee. Then continuing the rest of the course with a putter.

GAME/COMPETITION (15 MINS)

Complete the task above but keep score of each pair. The lowest amount of shots to complete the course is the winner!

EQUIPMENT

- Putters
- Cones
- Irons
- Hoops
- Balls
- Paper & Pen
- Flags

KEYWORDS

- Putter
- Water
- Iron
- Tees
- Bunker
- Holes
- Green

DIFFERENTIATION

LESS ABLE

Don't have to use the putter, they can roll the ball instead.

MORE ABLE

Move tee back.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they chip and putt the ball with some accuracy to a high ability?
	2	Can they chip and putt the ball with a certain degree of control?
	1	Can they chip and putt the ball, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates the use of an iron and putter & also shows understanding of different areas of the course.
	2	Can work in a team & understands where different areas of a golf course are.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills : chipping and putting a ball into a hoop to a high ability?
	2	Can they show and link : chipping and putting a ball into a hoop with some accuracy?
	1	Show how to chip and putt the ball.
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.