

LESSON PLAN: TRI GOLF: YEAR 1: WEEK 4

LESSON OBJECTIVE: Progressing skills with a putter.

LESSON

WARM UP (10 MINS)

Recap on the putter. Working in pairs with 1 putter, line pupils up in pairs along a line and place a hoop approximately 1.5m in front of them. Pupils then need to hit the ball and see if they can get it to stop in the hoop.

MAIN LESSON (20 MINS)

Set a simple course out, as previous weeks with a hoop over the flags. Split the class into groups and ask them to line up behind a tee. Individually the pupils have to choose a hole and see how many shots, using a putter; it takes for them to stop the ball in a hoop. Once they hit the target they go back to the tee and to the back of the group. Rotate the groups round so they have a go from each of the tees. Ensure each group picks a different hoop for each tee. When everyone has had a go, complete again but with the tees and holes in different places, behind a bunker or around the water.

GAME/COMPETITION (15 MINS)

Complete the task above again, but this time a member of the group must count how many times it takes for each pupil to roll the ball into a target. The lowest scored group, wins!

EQUIPMENT

- Putters
- Balls
- Flags
- Cones

KEYWORDS

- Putter
- Bunker
- Green
- Water
- Tees
- Holes

DIFFERENTIATION

LESS ABLE

Are able to roll the ball instead of using the putter.

MORE ABLE

Move the tee further back and set a shot limit for each hole.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they putt the ball with some accuracy to a high ability?
	2	Can they putt the ball with a certain degree of control?
	1	Can they putt the ball, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates the use of a putter & also shows understanding of different areas of the course
	2	Can work in a team & understands where different areas of a golf course are.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills : putting a ball into a hoop to a high ability?
	2	Can they show and link : putting a ball into a hoop with some accuracy?
	1	Show how to push the ball with a putter..
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.