

# LESSON PLAN: TRI GOLF: YEAR 1: WEEK 3

**LESSON OBJECTIVE:** Learn how to use a putter.

## LESSON

### WARM UP (10 MINS)

Recap previous lesson by getting pupils to set up the course using cones. Split the class into groups and give them a certain area to set up for the start of the lesson. In teams, recap rolling the ball from a tee to a hole, taking it in turns.

### MAIN LESSON (20 MINS)

Introduce the putter. Working in pairs with 1 putter, explain how to hold the putter. Writing hand goes at the bottom of the grip and the other hand at the top, pupils need to stand side on to the ball with feet shoulder width apart. Remind them that putters are used for short distance shots. Line pupils up in pairs along a line and place a hoop approximately 1.5m in front of them. Pupils then need to hit the ball and see if they can get it to stop in the hoop. This will then allow the pupils to see how much power they need to use.

### GAME/COMPETITION (15 MINS)

Set a simple course out, as previous weeks with a hoop over the flags. Split the class into groups and ask them to line up behind a tee. Individually the pupils have to choose a hole and see how many shots, using a putter; it takes for them to stop the ball in a hoop. Once they hit the target they go back to the tee and to the back of the group. Rotate the groups round so they have a go from each of the tees. Ensure each group picks a different hoop for each tee.

## EQUIPMENT

- Putters
- Balls
- Flags
- Cones

## KEYWORDS

- Putter
- Bunker
- Green
- Water
- Tees
- Holes

## DIFFERENTIATION

### LESS ABLE

Don't count how many shots it takes to hit target.  
Bring the tee in closer so it takes less shots.

### MORE ABLE

Move the tee further back so they need to use more power to hit the target.



# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they putt the ball with some accuracy to a high ability?
	2	Can they putt the ball with a certain degree of control?
	1	Can they putt the ball, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates the use of an putter & also shows understanding of different areas of the course
	2	Can work in a team & understands where different areas of a golf course are.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills : putting a ball into a hoop to a high ability?
	2	Can they show and link : putting a ball into a hoop with some accuracy?
	1	Show how to push the ball with a putter..
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.