

LESSON PLAN: FOOTBALL: YEAR 4: WEEK 4

LESSON OBJECTIVE: Learn different passing techniques and begin to be able to pass over a long distance.

WARM UP (10 MINS)

The students work in groups of four and pass and move the ball between them in a marked out area. The teacher then adds gates (Two cones placed on the floor, two steps apart). The students need to pass and move around the square, passing the ball through the gates when they are able to.

MAIN LESSON (20 MINS)

Students work in groups of two and are given two cones and a ball between them. They use the two cones to set up gate (4 steps apart). Students then place themselves either side of the gate and must pass the ball through the gate to their partner, thinking about accuracy and power. Once students are able to perform this accurately and with the correct amount of power, the more able students can increase the distance they are passing the ball.

Students then work in pairs and compete against other pairs in the class. One pair stands one side of the gate, the other pair the other side. One pair passes the ball through the gate to the other pair. One person in the pair must control the ball and pass the ball back through the gate using two touches only. If the use more than two touches or the ball does not go through the gate, the other team is awarded a point.

GAME/COMPETITION (15 MINS)

Create some pitches. Split the class in to equal teams of 3. Put a goal 6 steps apart, using two cones, at each end. Teams play games. Do not use throws at side lines but a pass to start the game again. No corners. Teams must make one pass before shooting at goal.

EQUIPMENT

- Cones
- Footballs

KEYWORDS

- Pass
- Control

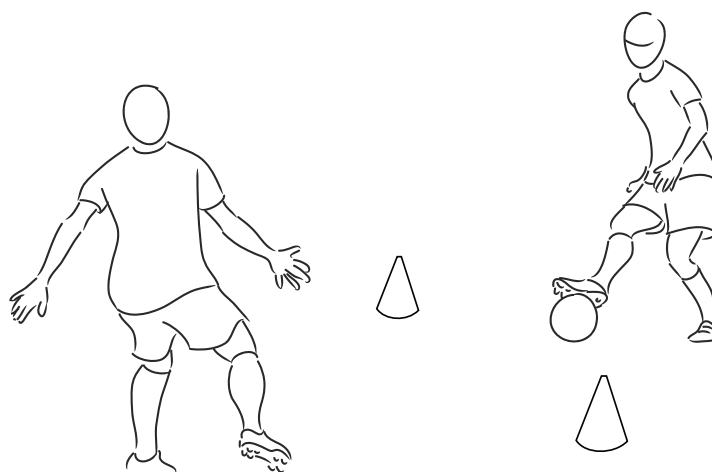
DIFFERENTIATION

LESS ABLE

- Focus on short passing and control.

MORE ABLE

- Can we strike the ball cleanly with the laces of our boot or trainer.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	6	Can they confidently perform a short and long distance pass to a high ability?
	5	Can they perform a short and long distance pass with a certain degree of control?
	4	Can they show an understanding of how to perform and short and long distance pass but are unable to perform these?
Tactics, Rules & Teamwork	6	Works with their partner & demonstrates knowledge & understanding of the task.
	5	Can work with a partner & understands the directions.
	4	Starts communicating with a partner.
Show & Link	6	Can they link: using both short and long passes and keeping the ball under control?
	5	Can they show and link: using long distance passes and keeping the ball under control?
	4	Show a long distance pass.
Describe Ways to Improve	6	Are able to describe and improve performance.
	5	Are able to describe performance.
	4	Are able to see differences in performance against a simple model.
Fitness & Health	6	Shows a solid understanding of why physical activity has health benefits.
	5	Has some knowledge of why physical activity has health benefits.
	4	Has little knowledge of why physical activity has health benefits.