

LESSON PLAN: **FOOTBALL**: YEAR 3: WEEK 3

LESSON OBJECTIVE: To learn different passing techniques and begin to control the ball.

WARM UP (10 MINS)

Put the pupils into groups of two and give them a ball. Pupils dribble around the area created, passing to their partner every few steps. When the teacher blows the whistle, the partner with the ball has to try and tag their partner.

MAIN LESSON (20 MINS)

Create a large square grid. Put the students in pairs, pupils face each other with a small distance between them and they pass the ball continuously between each other with the inside of their foot and control the ball with inside of the foot. When passing, the non-striking foot comes beside the ball and the striking foot comes through with the side of the foot connecting with the ball. When controlling the ball, pupils need to get in line with the ball and stop it with the inside of the foot and not stamp on the ball.

Question: How many successful passes can be made?

Develop: One student stands still and the other student runs around a cone. Can the student pass the ball to the other student, who is moving, to control?

GAME/COMPETITION (15 MINS)

Gate Game: In an area set out 10 gates (2 same coloured cones, 2m apart). Pupils have a ball each and they have to dribble the ball through as many Gates as possible in 2minutes. Develop this in pairs, they have one ball and have to work together, one has to pass the ball through the Gate and the partner has to get in position to receive the ball the other side of the Gate.

EQUIPMENT

- Cones
- Footballs

KEYWORDS

- Pass
- Control

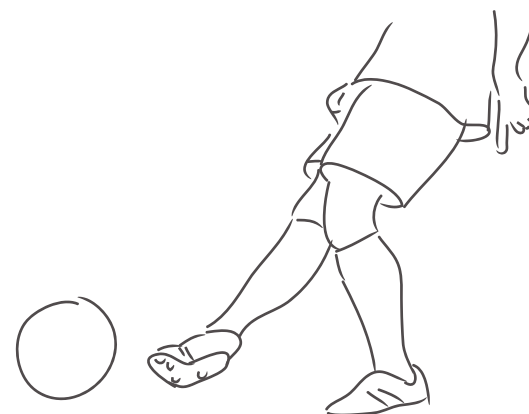
DIFFERENTIATION

LESS ABLE

- Focus on just striking the ball with the inside of foot when the ball isn't moving.

MORE ABLE

- Keep the ball moving at all times.
- Control with one foot and pass with the other.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	5	Can they perform a side foot pass and control the ball to a high ability?
	4	Can they perform a pass using the side of the foot with a certain degree of control?
	3	Can they perform a pass by using the side of the foot, but to a low ability?
Tactics, Rules & Teamwork	5	Works in a team & demonstrates how to pass a ball with control and accuracy
	4	Can work in a team & pass the ball with some control and some accuracy.
	3	Starts communicating within a team and can perform a side foot pass with control.
Show & Link	5	Can they link the skills : dribbling and passing?
	4	Can they show and link : passing whilst the ball is moving?
	3	Show passing a ball whilst the ball is slightly moving.
Describe Ways to Improve	5	Are able to describe and improve performance.
	4	Are able to describe performance.
	3	Are able to see differences in performance against a simple model.
Fitness & Health	5	Shows a solid understanding of why physical activity has health benefits.
	4	Has some knowledge of why physical activity has health benefits.
	3	Has little knowledge of why physical activity has health benefits.