

SCHEME OF WORK: **FOOTBALL:** YEAR 3

LESSON	OUTLINE OF LESSON
1	To understand the basic rules of football and explore ways of using the feet to move the ball.
2	To learn the correct technique to dribble a ball and change direction.
3	To learn different passing techniques and begin to control the ball.
4	To learn different passing techniques and begin to be able to pass over a long distance.
5	To learn different shooting techniques and be able to strike a ball using laces.
6	To use all the skills learnt and put them into a game situation.