

LESSON PLAN: **FOOTBALL**: YEAR 2: WEEK 3

LESSON OBJECTIVE: To understand the different techniques of passing and be able to make a pass over a short distance.

WARM UP (10 MINS)

Create a large grid and select 3 catchers. Catchers wait on the outside and every other pupil moves around the grid with a ball, keeping it under control. On the teacher's command, catchers have 30 seconds to try and knock every pupils ball out of the grid. When a pupils ball goes out of the grid they need to collect it and wait on the side.

MAIN LESSON (20 MINS)

Split group into pairs and have them facing each other with a small distance between them

Pupils now need to pass the ball with the inside of their foot. They need to place their non-kicking foot close to the side of the ball, use arms for balance and keep their eyes on the ball. They then bring their kicking foot through, striking the centre of the ball with the side of the foot.

Pupils need to continuously pass each other and see how many passes they can make. Pupils also control the ball with the inside of their foot and not the bottom.

GAME/COMPETITION (15 MINS)

Battle ships – Pupils now team up with there partner and are given 3 cones. They place the 3 cones out in the front of them in different places and stand behind. Another pair stands 10m away in front and does the exact same. Aim is to pass the ball and try and hit opponent's cones. When a cone is hit they take a cone away. First pair to hit the 3 cones wins and then moves on to face another pair who won.

EQUIPMENT

- Cones
- Footballs

KEYWORDS

- Control
- Side-foot
- Striking
- Pass

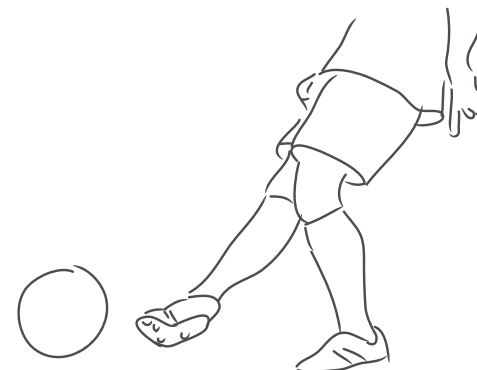
DIFFERENTIATION

LESS ABLE

- Shorter distance between partners.
- Any contact with the inside of the foot is a success.

GIFTED & TALENTED

- Only allowed the ball at their feet for no longer than 3 seconds.
- When passing pupils need to control with 1 foot and pass with the other.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	4	Can they perform a side foot pass and control the ball to a high ability?
	3	Can they perform a pass using the side of the foot with a certain degree of control?
	2	Can they perform a pass by using the side of the foot, but to a low ability?
Tactics, Rules & Teamwork	4	Works in a team & demonstrates how to pass a ball with control and accuracy
	3	Can work in a team & pass the ball with some control and some accuracy.
	2	Starts communicating within a team and can perform a side foot pass with control.
Show & Link	4	Can they combine dribbling with a ball and passing with accuracy?
	3	Can they combine passing the ball whilst its moving away from them?
	2	They can pass a ball whilst the ball is slightly moving?
Describe Ways to Improve	4	Are able to compare, evaluate and improve performance.
	3	Are able to compare and evaluate performance.
	2	Are able compare performance to others.
Fitness & Health	4	Shows a solid understanding of why physical activity has health benefits.
	3	Has some knowledge of why physical activity has health benefits.
	2	Has little knowledge of why physical activity has health benefits.