

# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 1**



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## EXAMPLES FOR THE MAIN LESSON:

**Can you create movement patterns using these sets of numbers?**

Don't forget to repeat them to make them into patterns!

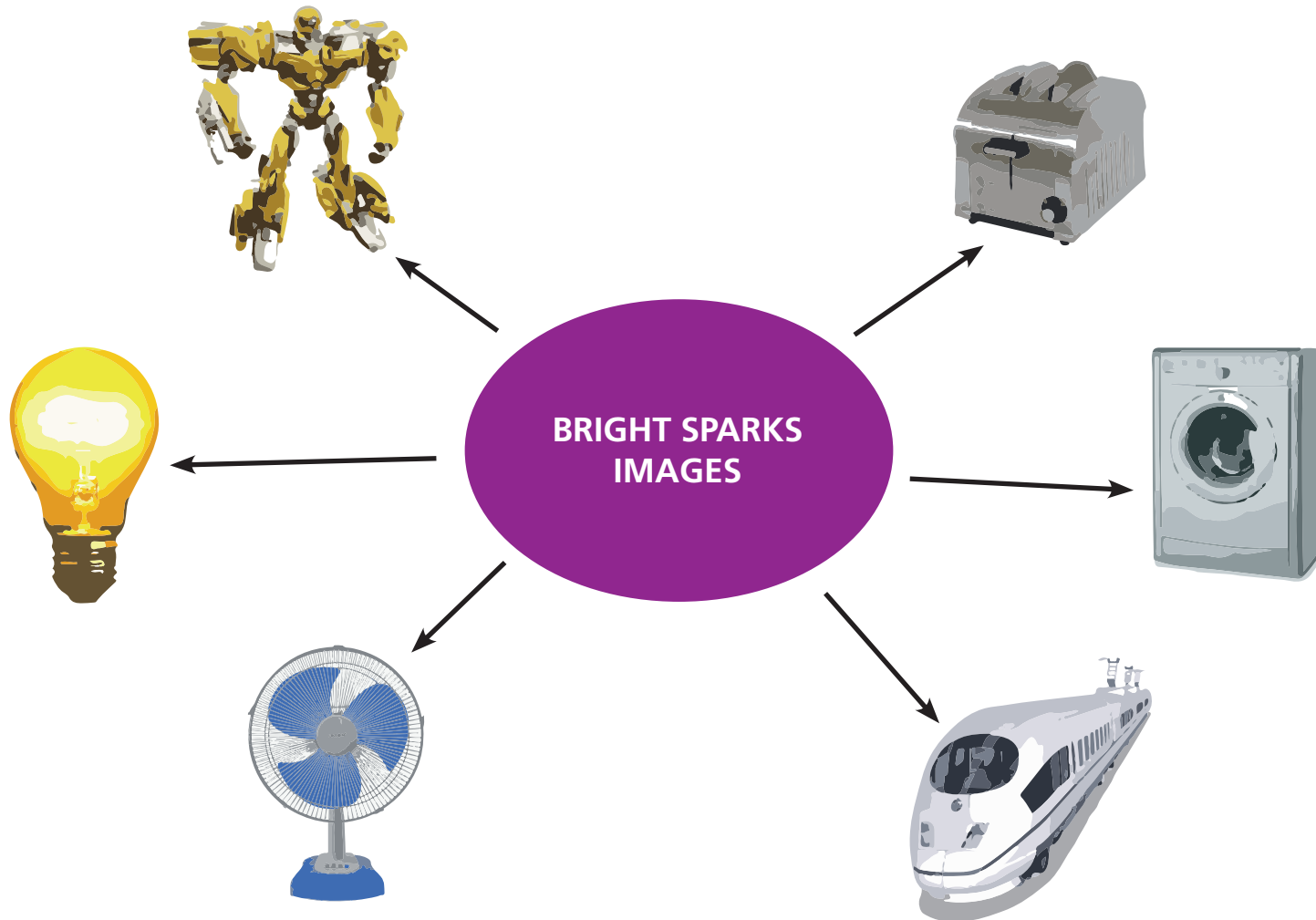


You can decide how many times you want to perform each movement and the order you perform them in.

# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 2**

**MAIN LESSON: CAN PUPILS USE THESE PICTURES TO HELP THEM CREATE MOVEMENT?**



# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEKS 3, 4, 5 & 6**

**MAIN LESSON: STAGE DIRECTIONS**

**UPSTAGE  
RIGHT**

**UPSTAGE**

**UPSTAGE  
LEFT**

**RIGHT  
STAGE**

**CENTRE**

**LEFT  
STAGE**

**DOWNSTAGE  
RIGHT**

**DOWNSTAGE**

**DOWNSTAGE  
LEFT**

# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEKS 3, 4, 5 & 6**

## **MAIN LESSON:**

**AN EXAMPLE OF A MOVEMENT PHASE, USING THE THEME AND THE DIRECTION TERMINOLOGY**

### **First count of eight:**

Walk (like a robot) towards right stage.

### **Second count of eight:**

Stretch both arms up above the head and flick the fingers (as if a light bulb has been switched on). They can bring the arms in and re-stretch them out with each flick.

### **Third and fourth count of eight:**

Repeat all of the above towards left stage.

### **Fifth count of eight:**

Travel around in a small circular floor pattern; shuffling the feet and motioning their hands forwards and back (like a train).

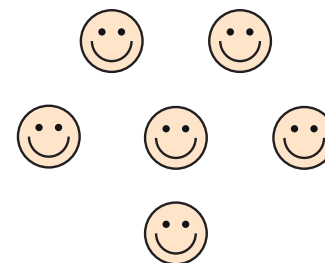
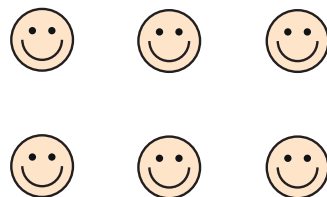
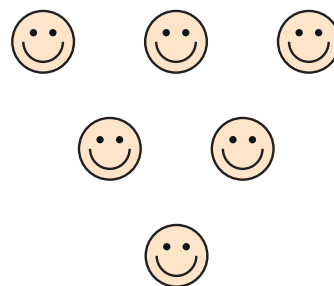
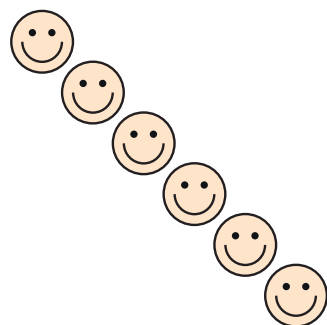
### **Sixth count of eight:**

Jump up with the hands stretched up above the head (popping up like a toaster) x 4.

# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 4**

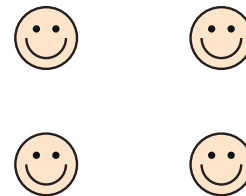
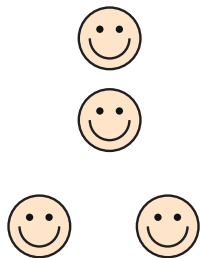
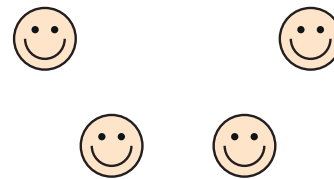
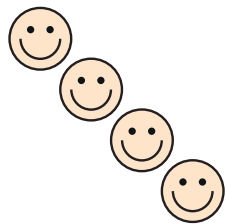
## MAIN LESSON: EXAMPLES OF FORMATIONS FOR GROUPS OF SIX



# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 4**

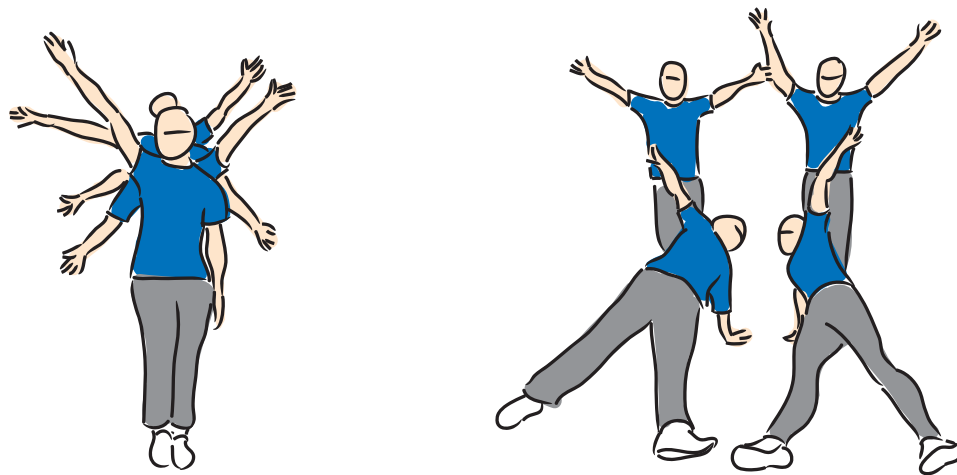
## MAIN LESSON: EXAMPLES OF FORMATIONS FOR GROUPS OF FOUR



# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 5**

## MAIN LESSON: EXAMPLES OF START AND FINISH POSITIONS

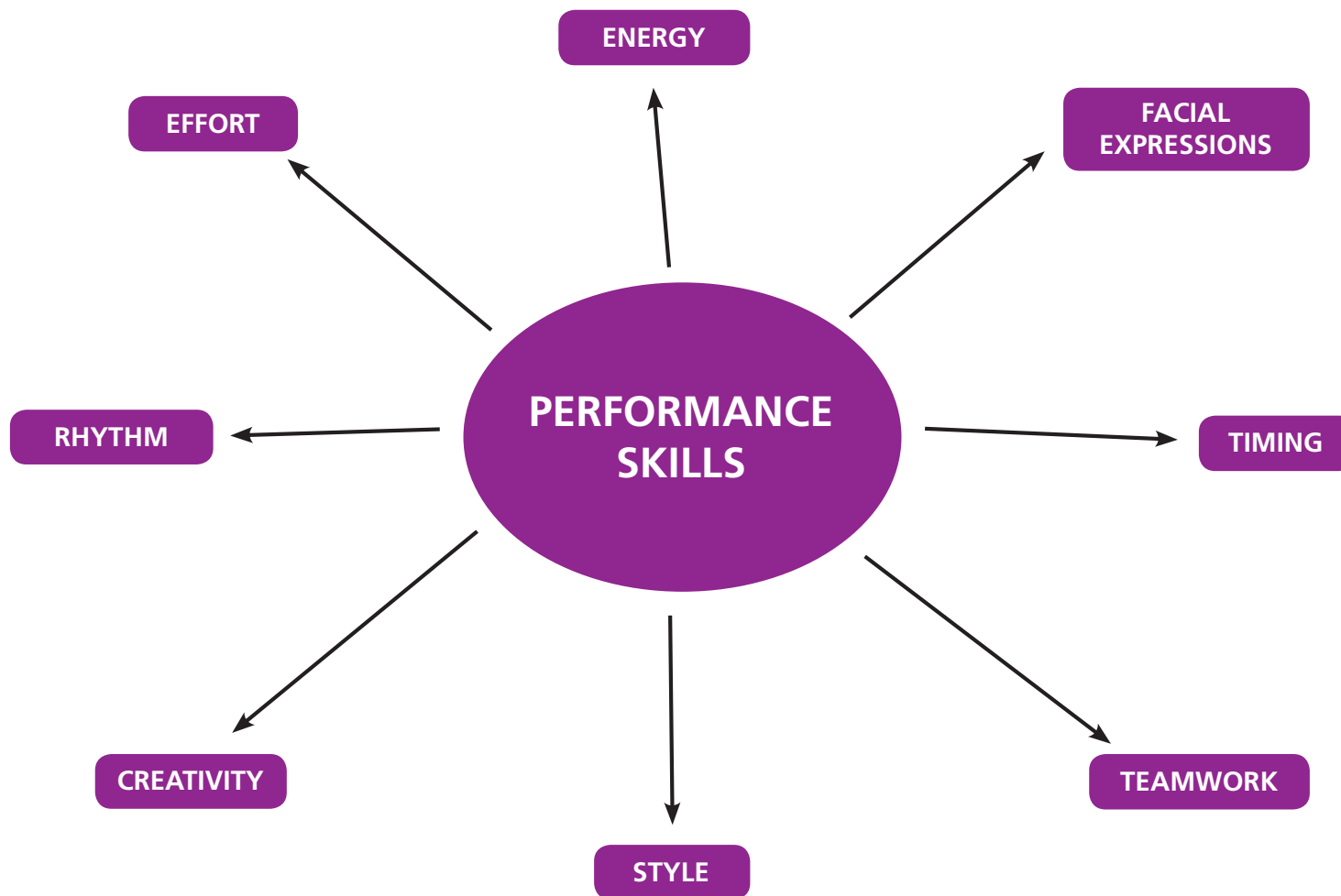




# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 6**

## MAIN LESSON: PERFORMANCE SKILLS



# RESOURCE CARD: **DANCE:** YEAR 3

RELATES TO: **WEEK 6**

NAMES	EFFORT	CREATIVITY	RHYTHM	TEAMWORK	PRESENTATION	OVERALL SCORE
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10

