

LESSON PLAN: KWIK CRICKET: YEAR 1: WEEK 4

LESSON OBJECTIVE: Fielding a ball and returning it to the wicket.

WARM UP (10 MINS)

Pass and move: In a 20x20 grid pupils to recap on underarm throwing, half the students start with a ball/beanbag and they all have to move about rolling/sliding to people without a beanbag/ball

MAIN LESSON (20 MINS)

Pupils to recap on catching technique in pairs throwing and catching to each other. When they catch the ball take a step back increasing the distance between them.

1. Track/look at object.
2. Move feet to make sure the object will be received in the catching zone (chest area on the body).
3. Pupils put hands up to meet ball (Baby fingers together, palms to the sky, arms extended to meet object, then to bring arms into body when the object hits the hands).

Gate Game: Pupils have a ball each and they have to roll the ball through as many Gates as possible in 2minutes. They can run with the ball but they have to roll the ball through a Gate to get a point. Develop this in pairs, they have one ball and have to work together, one has to roll the ball through the Gate and the partner has to get in position to receive the ball the other side of the Gate.

GAME/COMPETITION (15 MINS)

Continue with the gate game as above, but score each pair, every time they make a pass through a gate. The pair with the highest score wins!

EQUIPMENT

- Bean bags
- Balls
- Cones
- Stumps

KEYWORDS

- Track ball
- Move feet
- Hands out to receive ball
- Attack the ball

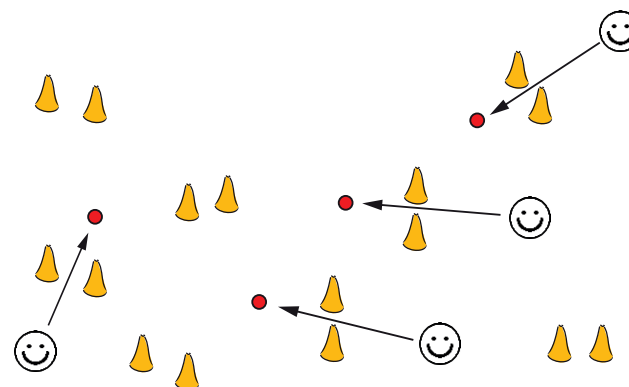
DIFFERENTIATION

LESS ABLE

- Use beanbags.
- Shorter distances.
- Larger balls.

MORE ABLE

- Use a bat.
- Get pupils to be the wicket keeper.
- Use tennis ball.
- Longer distances.
- Get them to work in pairs throwing to each other through the gates.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	3	Can they throw and catch using the correct technique to a high ability?
	2	Can they throw and catch with a certain degree of control?
	1	Can they throw and catch, but to a low ability?
Tactics, Rules & Teamwork	3	Works in a team & demonstrates a good throwing technique and fair play.
	2	Can work in a team & understands the meaning of fair play.
	1	Starts communicating within a team.
Show & Link	3	Can they link the skills: throwing and catching the ball using the correct technique and use the skills in a game situation?
	2	Can they show and link: throw and catch the ball with good technique?
	1	Show how to catch the ball.
Describe Ways to Improve	3	Are able to describe and improve performance.
	2	Are able to describe performance.
	1	Are able to see differences in performance against a simple model.
Fitness & Health	3	Shows a solid understanding of why physical activity has health benefits.
	2	Has some knowledge of why physical activity has health benefits.
	1	Has little knowledge of why physical activity has health benefits.