

LESSON PLAN: BASKETBALL: YEAR 6: WEEK 3

LESSON OBJECTIVE: To learn a variety of different passes and use tactics to use them in a game situation.

WARM UP (10 MINS)

Split the class into 4 teams and allocate them a base in a corner of the set area. In the middle of the gym space, place various items of equipment including basketballs for the teams to run in and capture and take back to their base.

Rules:

- If a student selects a basketball they must dribble the ball back before chest passing it to a member of their team to put into their base.
- Students must only take 1 item per trip.
- Only one student can go at a time from their team.

When all the equipment is gone the teams must count their equipment to determine which team has won.

Develop: when the game has finished allow 30 seconds where the teams can steal equipment from the other team's base.

MAIN LESSON (20 MINS)

In pairs students will stand 5 metres away from each other and practice the chest pass. Teaching points

- Step with dominant leg.
- Make a W shape behind the ball when passing.
- Aim at chest.
- Receiver will hold their hands up to form a target.

Develop: Staying in the same pairs move onto teaching the bounce pass.

Teaching points

- Dominant leg forward.
- Follow through.
- Should reach the partners waist.

In 3s, students to choose most appropriate pass – chest or bounce – to avoid the defender. Discuss faking a pass. Remind children that they are not allowed to travel with the ball. Reinforce non-contact.

GAME/COMPETITION (15 MINS)

In a square grid students will play 5v5 keep ball. The teams will aim to make 10 successful passes without the other team intercepting in order to score 1 point.

EQUIPMENT

- Balls
- Bibs
- Cones

KEYWORDS

- Control
- Accuracy
- Passing
- Power

DIFFERENTIATION

LESS ABLE

- Can stand closer to their partner during passing drills.
- Can take longer to achieve the chest pass before moving onto the bounce pass.

MORE ABLE

- Can progress onto the bounce pass as soon as they can perform the chest pass consistently.
- Can only hold onto the ball for a short amount of time.



ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	8	Can they perform passes to a high ability?
	7	Can they perform passes with some control?
	6	Can they show how to pass and understand the skills needed?
Tactics, Rules & Teamwork	8	Works with their partner/team & demonstrates knowledge & understanding of the rules.
	7	Can work with a partner/team & understands the rules.
	6	Starts communicating with a partner/team.
Show & Link	8	Can they link: dribbling and passing under pressure within a game situation?
	7	Can they show and link: dribbling and passing?
	6	Show they can dribble and pass separately.
Describe Ways to Improve	8	Are able to describe and improve performance.
	7	Are able to describe performance.
	6	Are able to see differences in performance against a simple model.
Fitness & Health	8	Shows a solid understanding of why physical activity has health benefits.
	7	Has some knowledge of why physical activity has health benefits.
	6	Has little knowledge of why physical activity has health benefits.