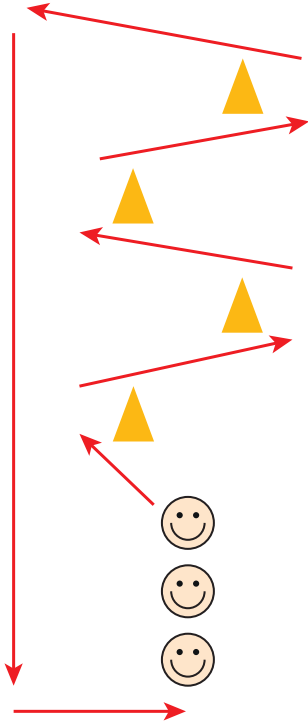


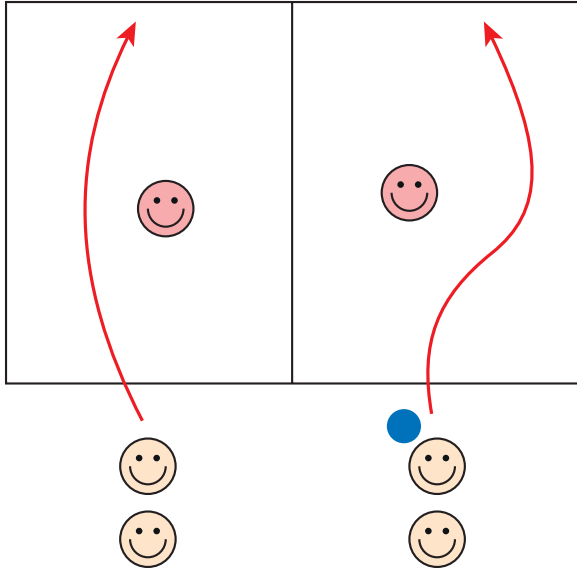
RESOURCE CARD: TAG RUGBY: YEAR 3

RELATES TO: WEEK 1

MAIN LESSON: ZIG ZAG AGILITY



GAME / COMPETITION: 1 V 1



KEY



Player



Defender



Ball



Where the player moves to

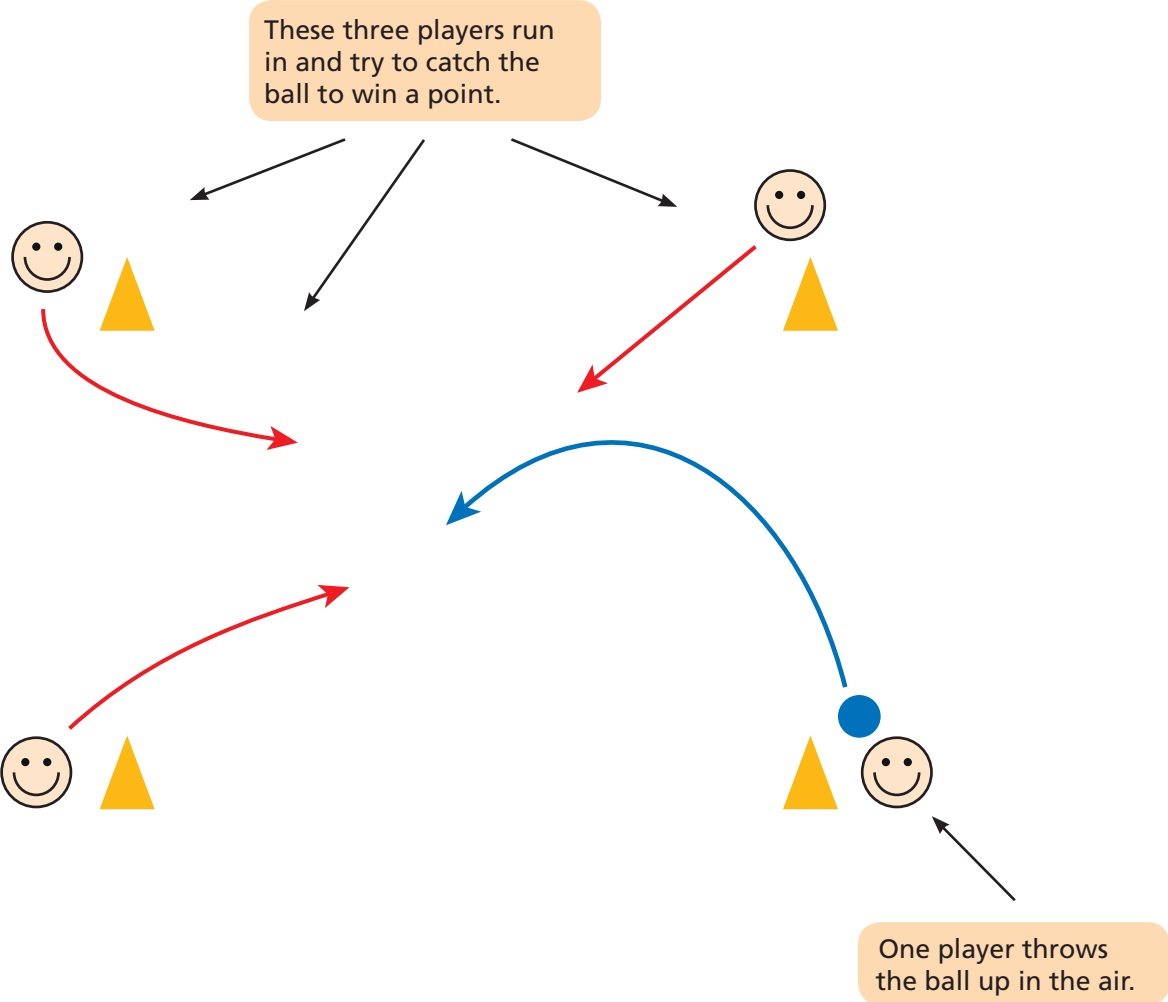


Cone

RESOURCE CARD: TAG RUGBY: YEAR 3

RELATES TO: WEEK 2

GAME / COMPETITION: THROW AND CATCH



KEY



Player



Ball



Cone



Where the ball moves to

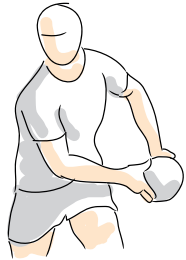


Where the player moves to

RESOURCE CARD: TAG RUGBY: YEAR 3

RELATES TO: WEEK 3

MAIN LESSON: PASSING BACKWARDS



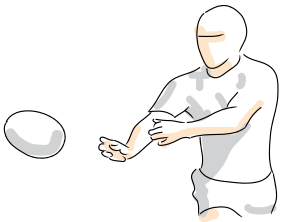
Position 1:

Looking over one shoulder towards the target, ball on the opposite side.



Position 2:

Push the ball through towards the target. Try and move body weight towards the target.

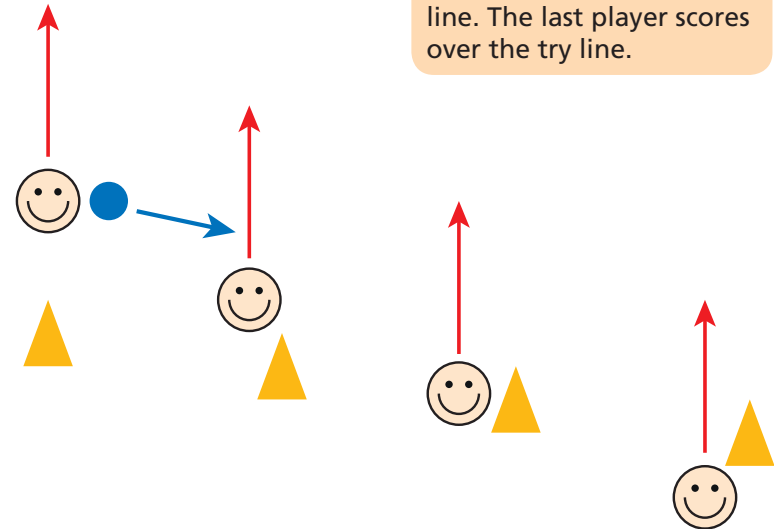


Position 3:

Point fingers at the target once the ball is released, this increases accuracy.

MAIN LESSON: PASSING DOWN THE LINE

Players run forwards and pass backwards down the line. The last player scores over the try line.



KEY



Player



Ball



Cone



Where the player moves to

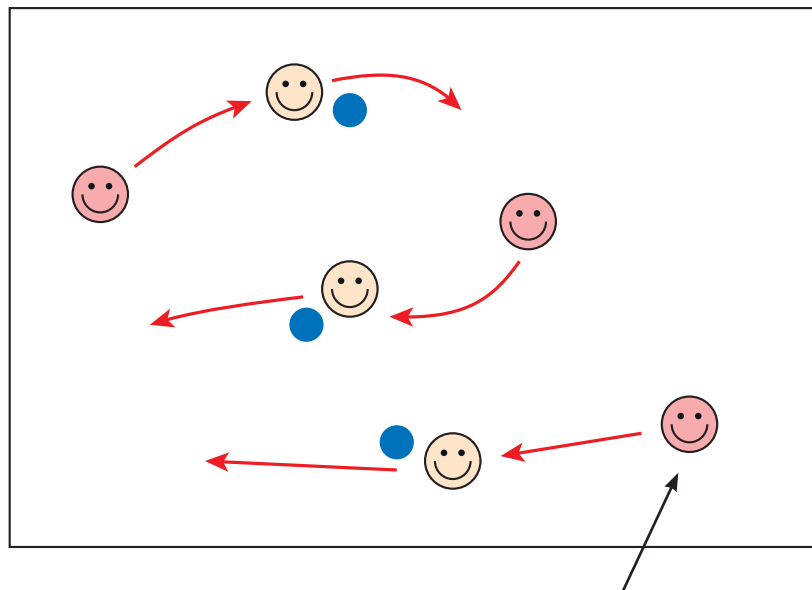


Where the ball moves to

RESOURCE CARD: TAG RUGBY: YEAR 3

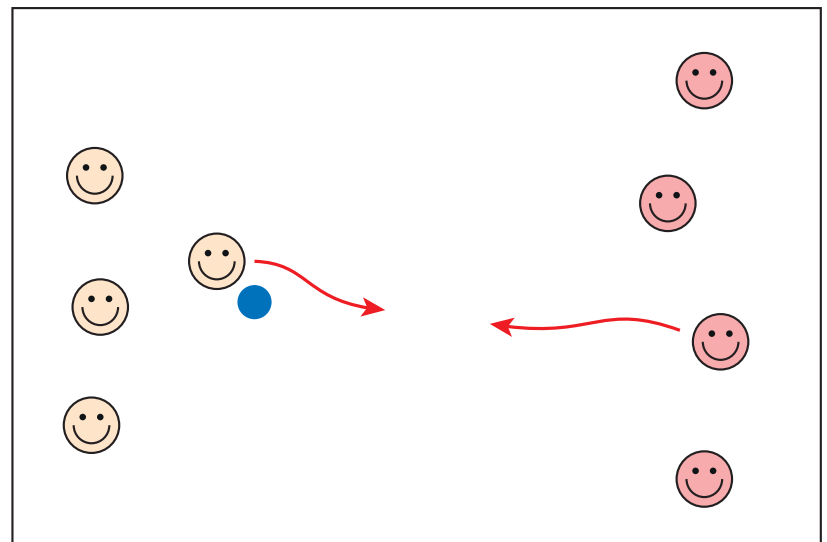
RELATES TO: WEEK 4

MAIN LESSON: DEFENDING



Defender has to chase ball carrier and pull their tag off.

GAME / COMPETITION: 4 V 4



KEY



Player



Defender



Ball

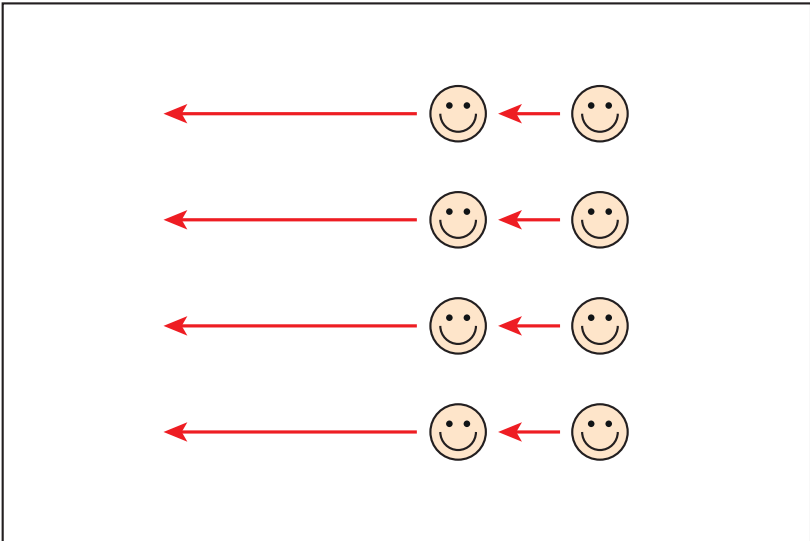


Where the player moves to

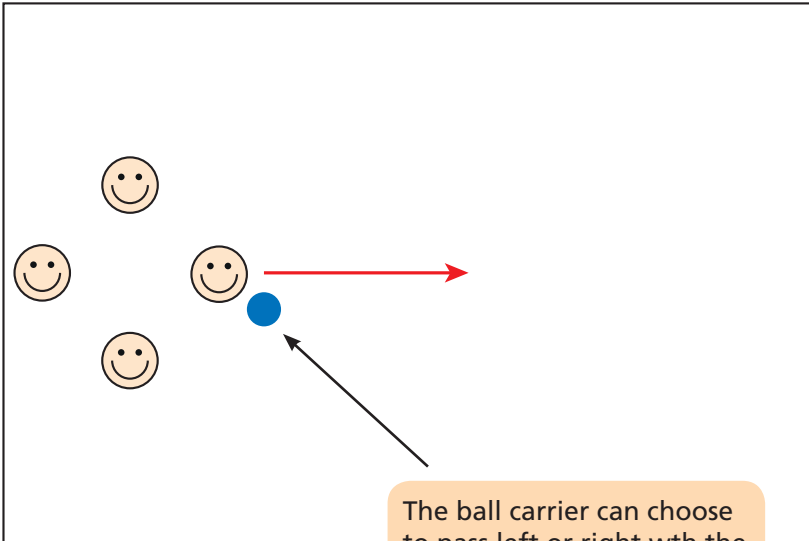
RESOURCE CARD: TAG RUGBY: YEAR 3

RELATES TO: WEEK 5

WARM UP: MICE AND MONSTERS



MAIN LESSON: DIAMOND FORMATION



KEY



Player



Ball

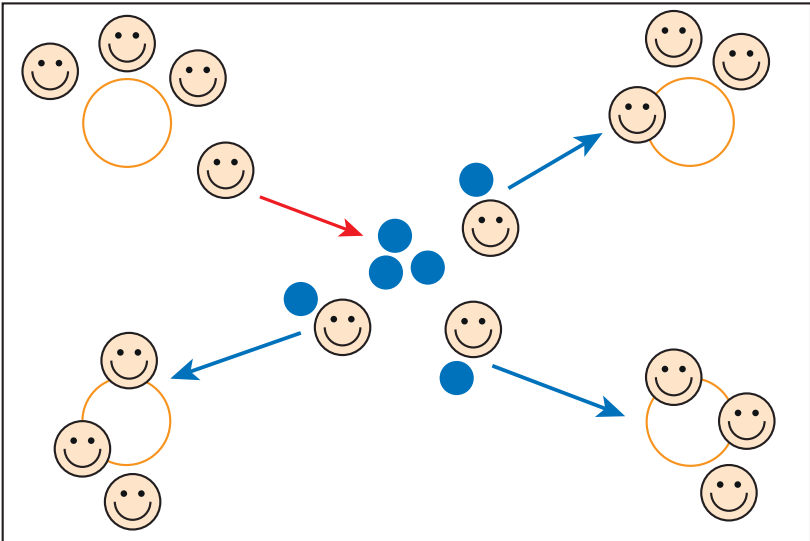


Where the player moves to

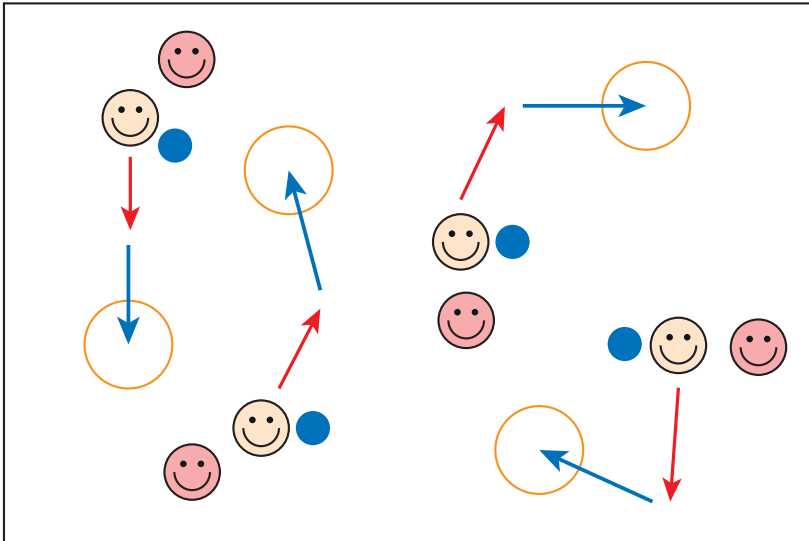
RESOURCE CARD: TAG RUGBY: YEAR 3

RELATES TO: WEEK 6

WARM UP: EGGS IN THE NEST



GAME / COMPETITION: CHASER



KEY



Player



Defender



Ball



Hoop



Where the player moves to



Where the ball moves to