

# SCHEME OF WORK: **PLAY:** EYFS

| ACTIVITY | OUTLINE OF LESSON   |
|----------|---|
| 1        | To explore how the body moves through dance.                            |
| 2        | To find different ways to move around by playing games.                 |
| 3        | To develop a variety of ways to move.                                   |
| 4        | To explore a variety of objects in ways that they are not designed for. |
| 5        | To develop skills with objects in ways that they are not designed for.  |
| 6        | To discover boundaries and solve problems.                              |

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|----------|---|
| 7        | To understand personal strengths and weaknesses through play. |
| 8        | To be artistic and imaginative through basic gymnastics.      |
| 9        | To understand the importance of exercise.                     |
| 10       | To move at different speeds.                                  |
| 11       | To energise the body through movement.                        |
| 12       | Progress chart.   |