

# SCHEME OF WORK: **COORDINATION:** EYFS

ACTIVITY	OUTLINE OF LESSON
1	To explore using hands and sports equipment.
2	To explore using hands and sports equipment with a partner.
3	To develop hand/eye coordination using equipment.
4	To explore the use of coordination using feet.
5	To explore coordination with feet using equipment.
6	To develop foot/eye coordination using equipment.

# SCHEME OF WORK: **COORDINATION:** EYFS

ACTIVITY	OUTLINE OF LESSON
7	To explore use of coordination using unilateral movement. <i>(Unilateral movement is a movement that's produced by one limb).</i>
8	To explore use of coordination using bilateral movement. <i>(Bilateral movement is a movement that's produced by both limbs working together)</i>
9	To develop coordination using unilateral and bilateral movements.
10	To explore controlled coordination when reacting to basic stimuli.
11	To develop coordination when reacting to complex stimuli.
12	Progress chart.