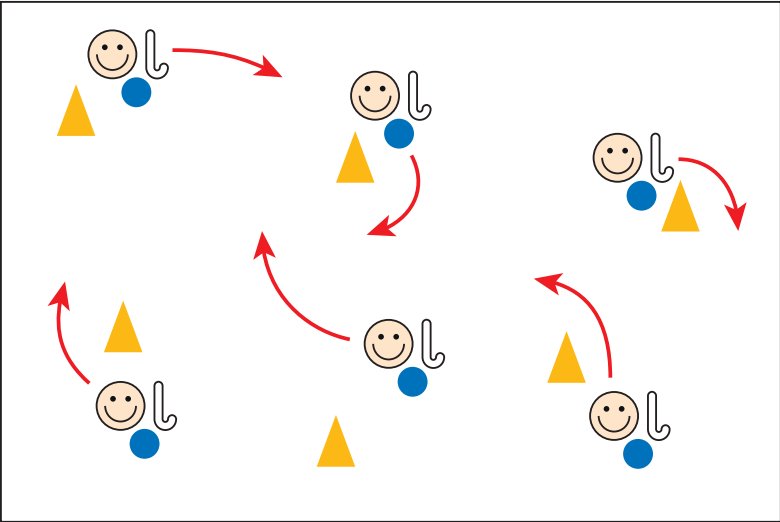


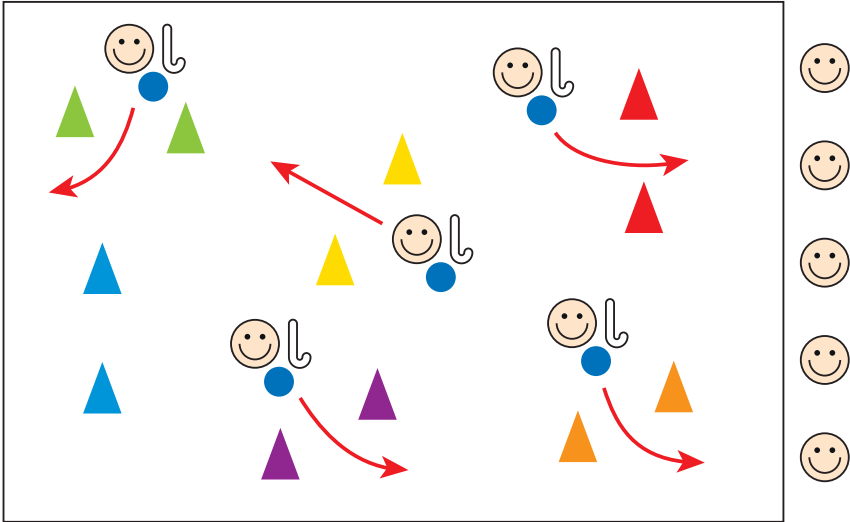
# RESOURCE CARD: HOCKEY: YEAR 6

RELATES TO: WEEK 1

## MAIN LESSON: DEVELOP



## GAME / COMPETITION: GATE GAME



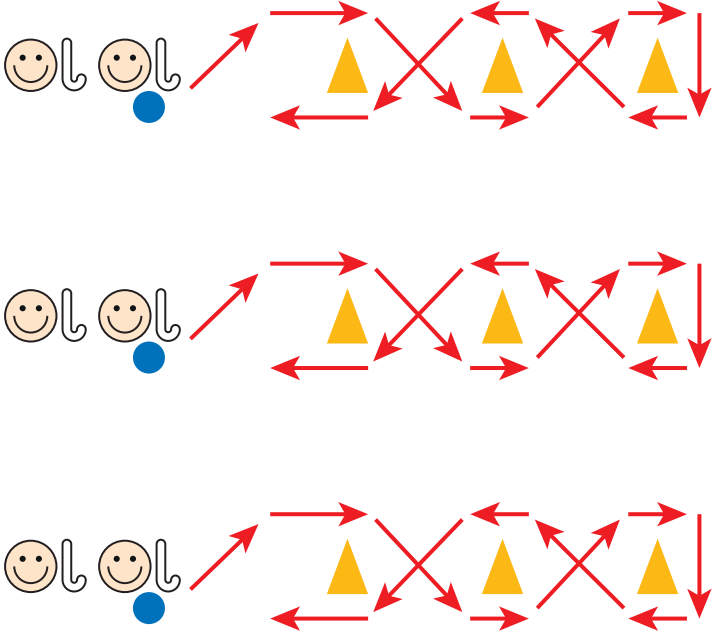
## KEY

- Player
- Stick
- Ball
- Where the player moves to
- Cone

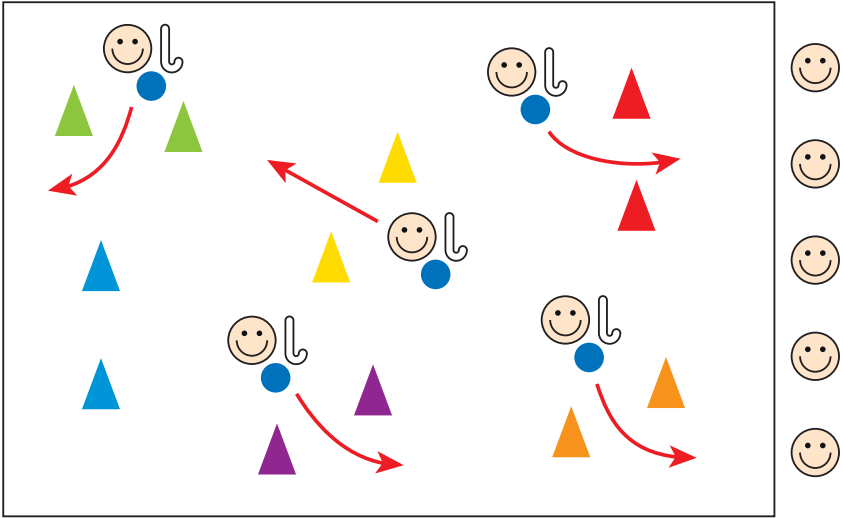
# RESOURCE CARD: HOCKEY: YEAR 6

RELATES TO: WEEK 2

## MAIN LESSON: DRIBBLING IN AND OUT



## GAME / COMPETITION: GATE GAME



### KEY

- Player
- Stick
- Ball
- Where the player moves to
- Cone

# RESOURCE CARD: **HOCKEY:** YEAR 6

RELATES TO: **WEEK 3**

## MAIN LESSON: **PASSING**

### **PUSH PASS**

Look at the ball.

Stick behind the ball.

Push the ball forward with the stick. The stick always stays behind the ball.

Front foot facing forward.



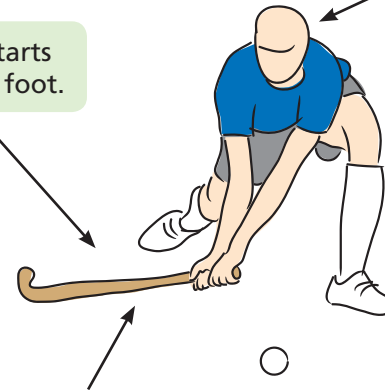
### **HIT PASS**

Look at the ball.

Stick starts at back foot.

Front foot facing forward.

Stick pushes through to front foot where it makes contact with ball.



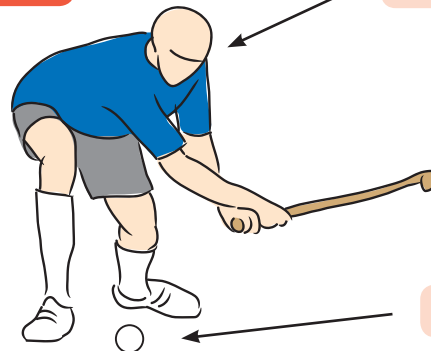
### **REVERSE PASS**

Look at the ball.

Make sure you are low down.

Use the edge of the stick to hit the ball. Hit the ball in the middle.

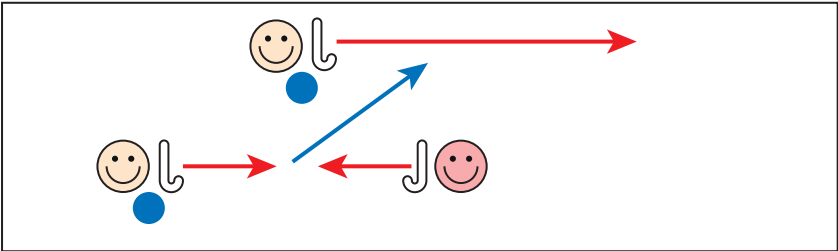
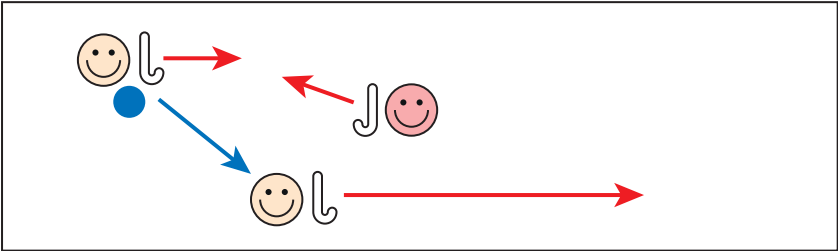
Ball in front of you.



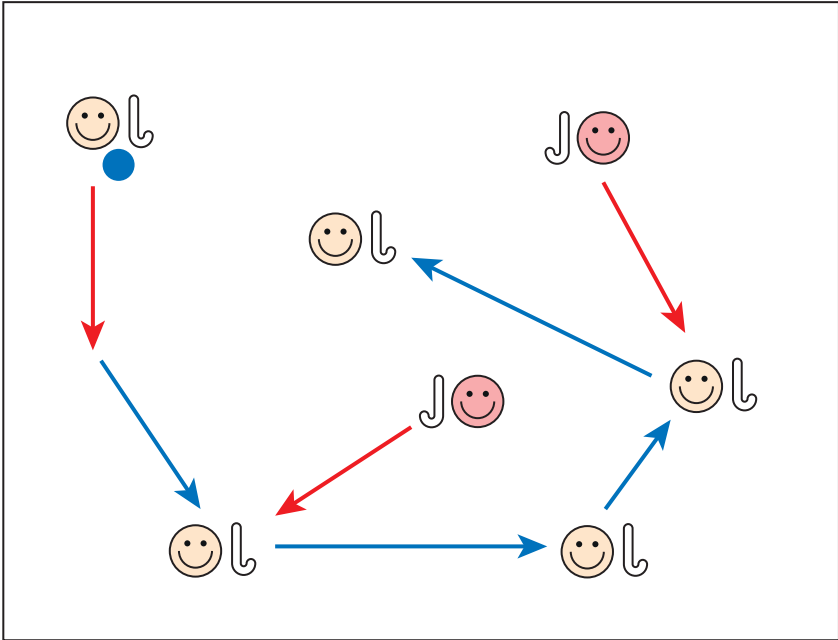
# RESOURCE CARD: **HOCKEY:** YEAR 6

RELATES TO: **WEEK 4**

## MAIN LESSON: 2 V 1



## GAME / COMPETITION: 5 V 2



### KEY



Player



Defender



Stick



Ball



Where the player moves to

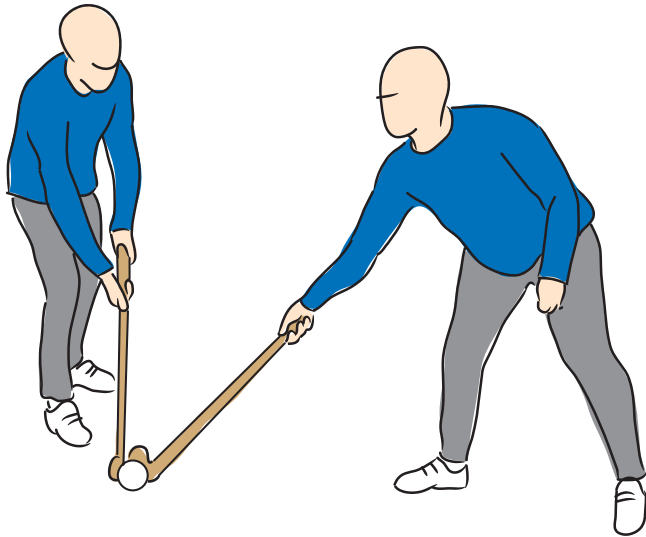


Where the ball moves to

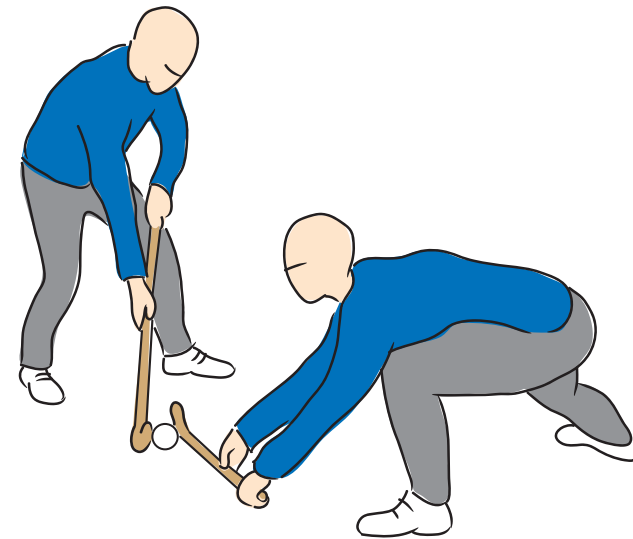
# RESOURCE CARD: **HOCKEY:** YEAR 6

RELATES TO: **WEEK 5**

## MAIN LESSON: TACKLING



**JAB TACKLE**

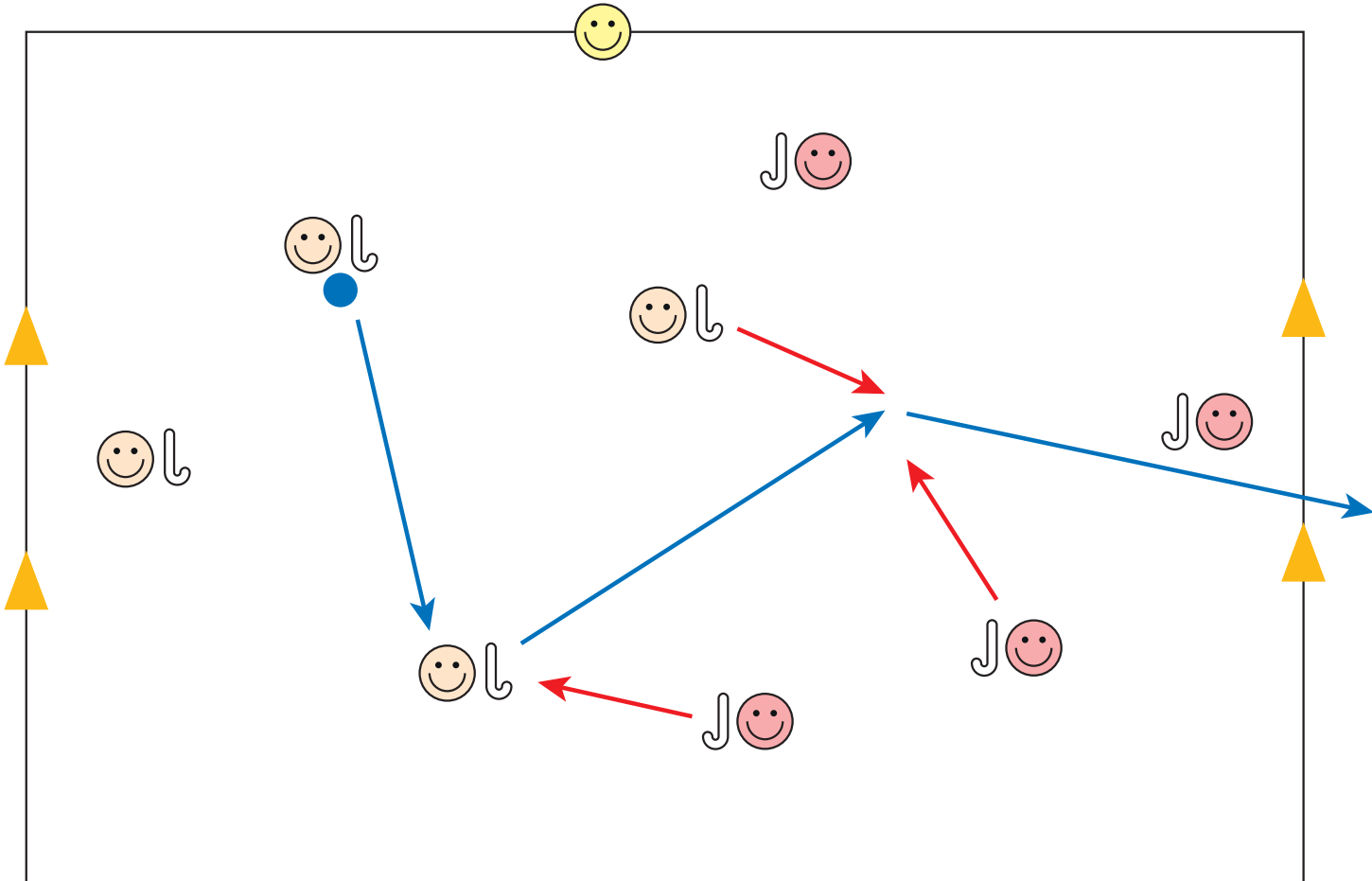


**BLOCK TACKLE**

# RESOURCE CARD: HOCKEY: YEAR 6

RELATES TO: WEEK 5

## GAME / COMPETITION: GAME



## KEY

- Player
- Defender
- Referee
- Stick
- Ball
- Where the player moves to
- Where the ball moves to
- Cone

