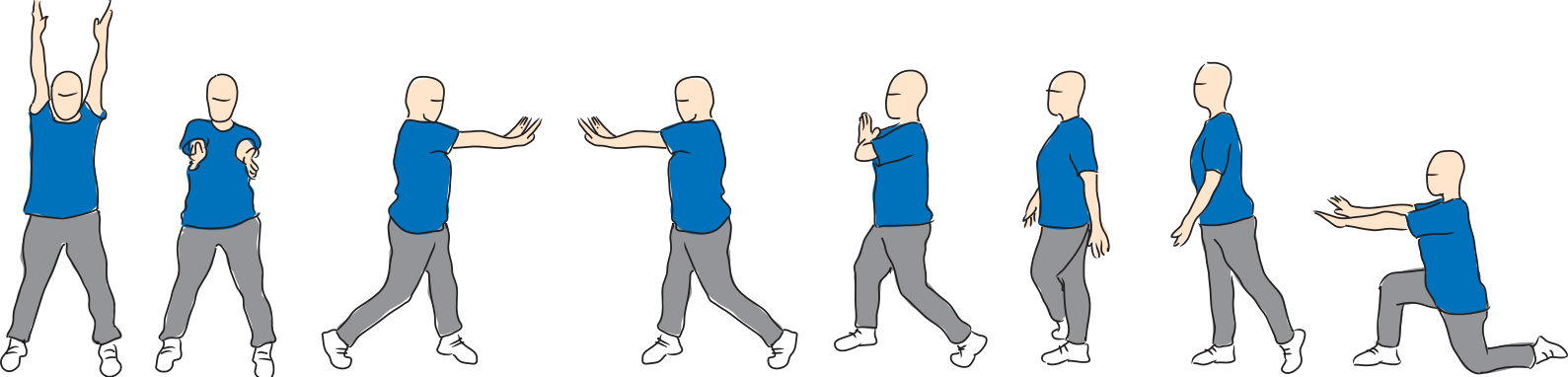


RESOURCE CARD: **DANCE:** YEAR 6

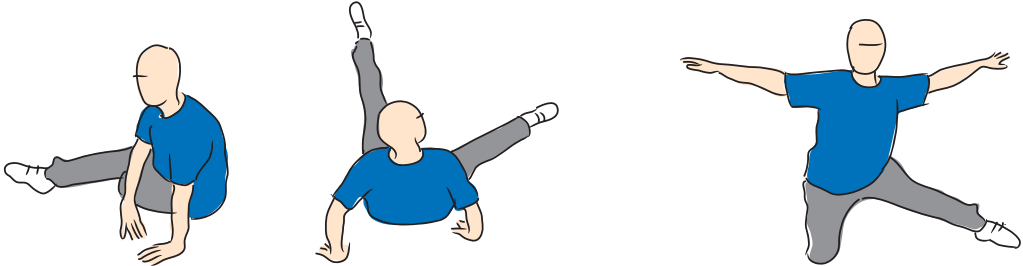
RELATES TO: **WEEK 1**

AN EXAMPLE OF A BASIC MOVEMENT MOTIF

Reach the arms up and slowly reach out in front. → Twist to face left and repeat to the right. → Bend the arms in and turn around. → 4 walks to the right and kneel down.



→ Roll and scissor kick. → Finish with a position of stillness.



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 1**

HOW TO ADAPT THE MOTIF TO SUIT THE SECRET AGENT THEME

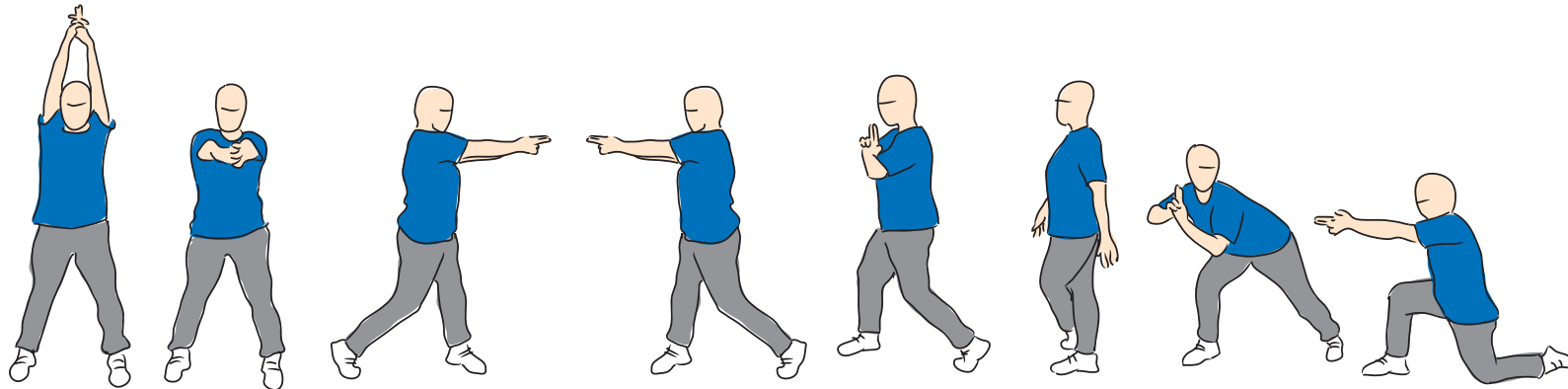
USE SLOW, MYSTERIOUS, SHARP FAST, ENERGETIC DYNAMICS

Change arms as if to appear they are holding a gun (like James Bond).

Change direction quickly, as if 'looking for a bad guy'.

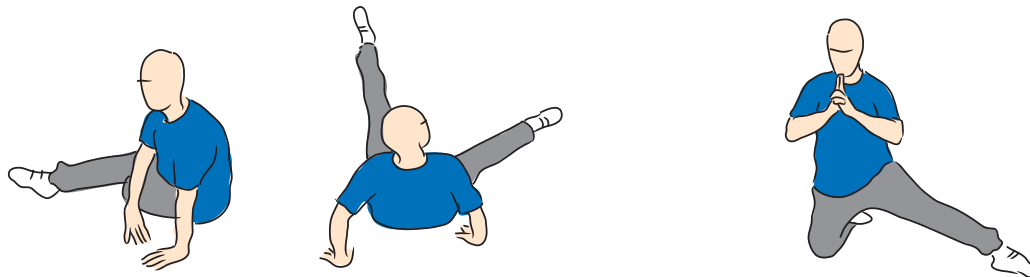
Bring the arms in and 'blow the gun smoke away'.

Creep like a secret agent for 4 counts and then sharply 'aim the gun'.



Roll and scissor kick – quickly.

Finish with a position of stillness.



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 2**

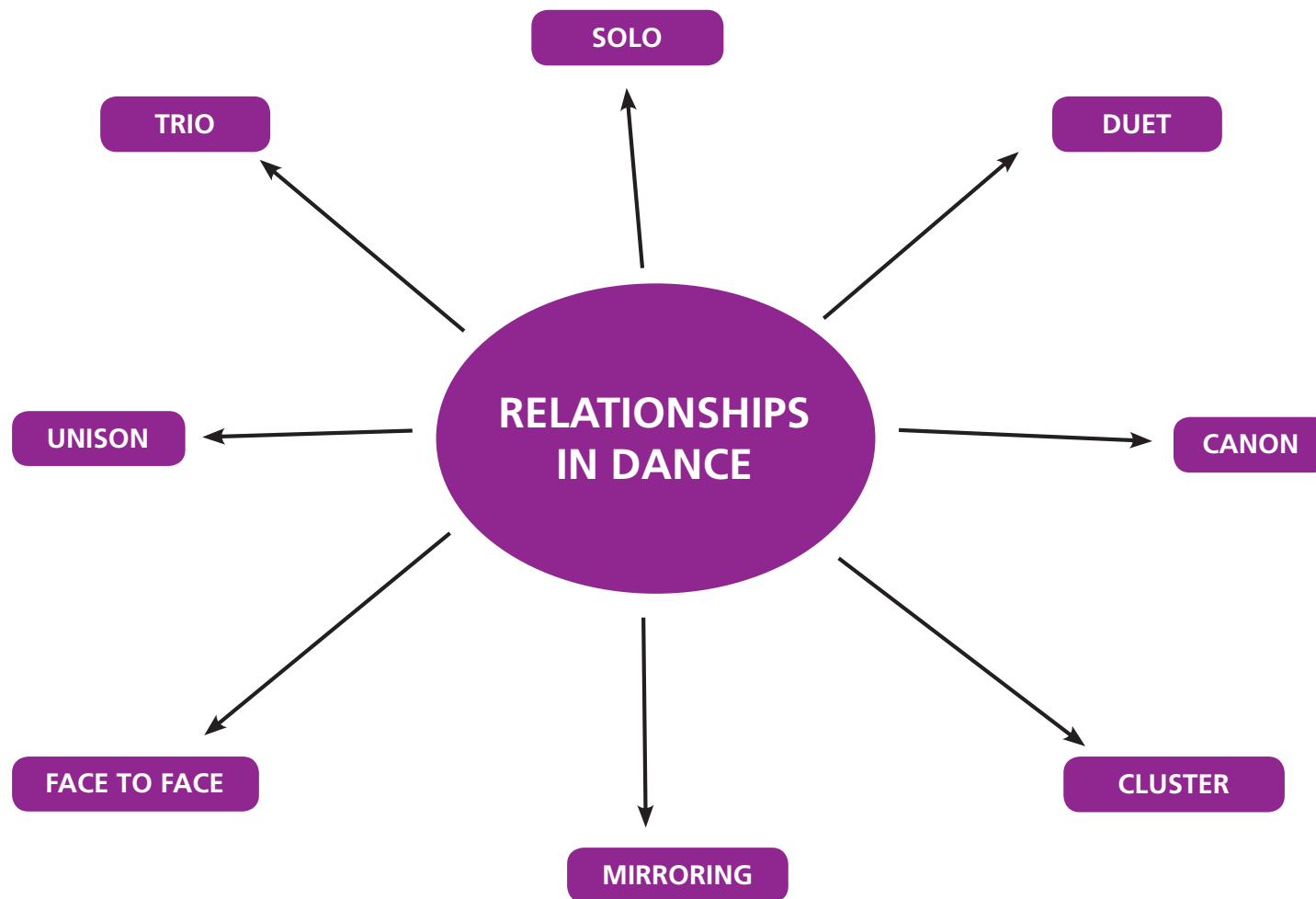
MAIN LESSON: IMAGES THAT CAN BE USED AS STIMULUS
(TO HELP PUPILS CREATE MOVEMENT ACCORDING TO THE THEME)



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 3**

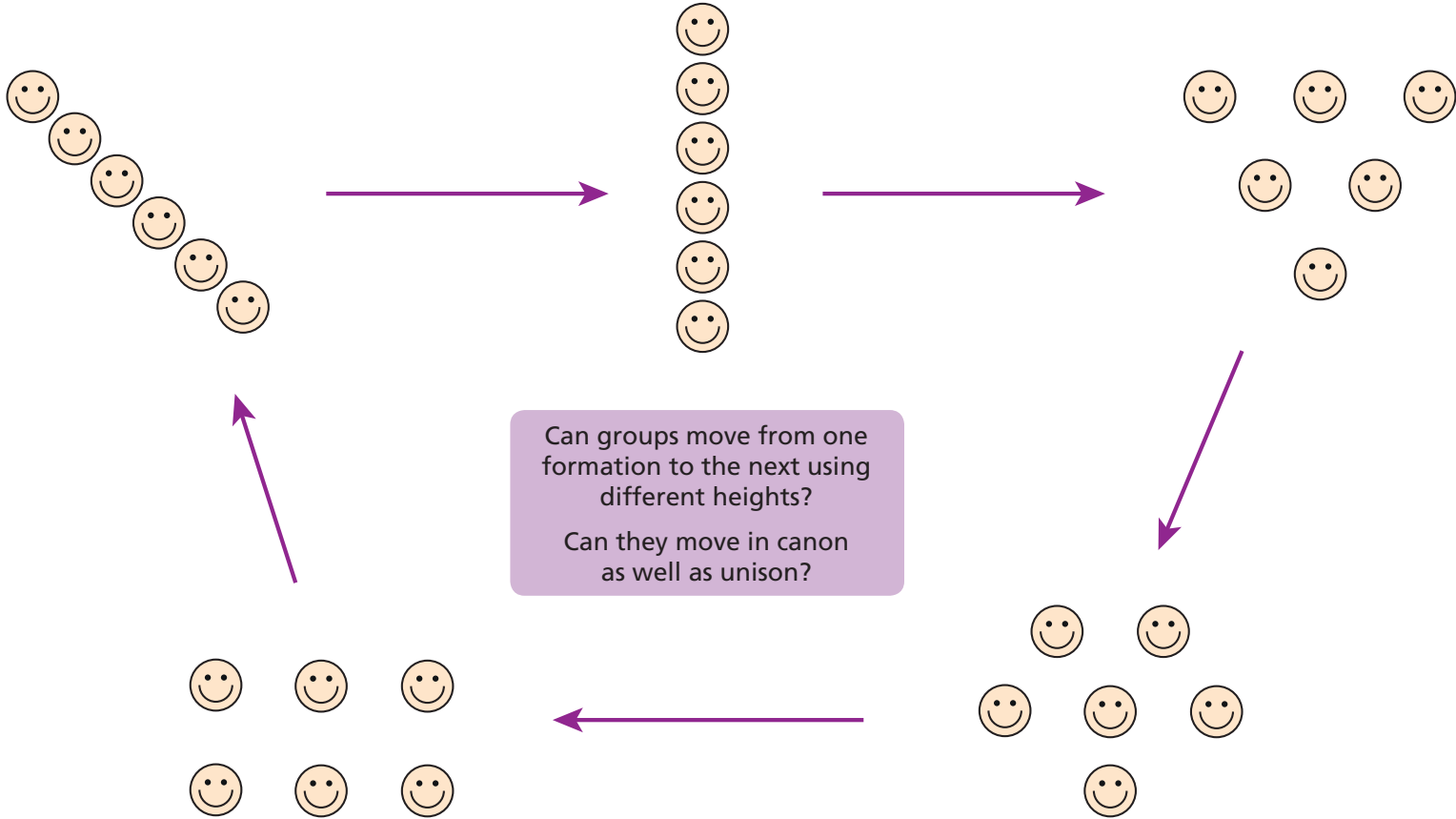
MAIN LESSON: RELATIONSHIPS IN DANCE



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 4**

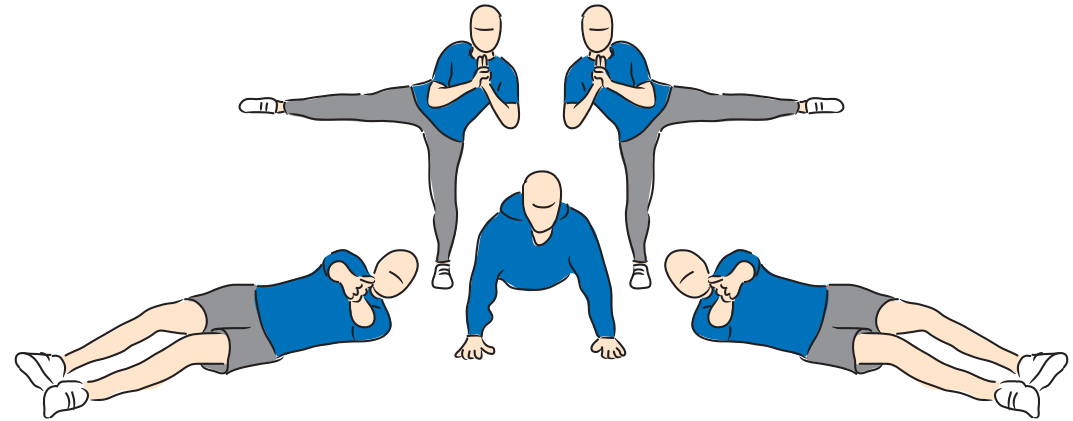
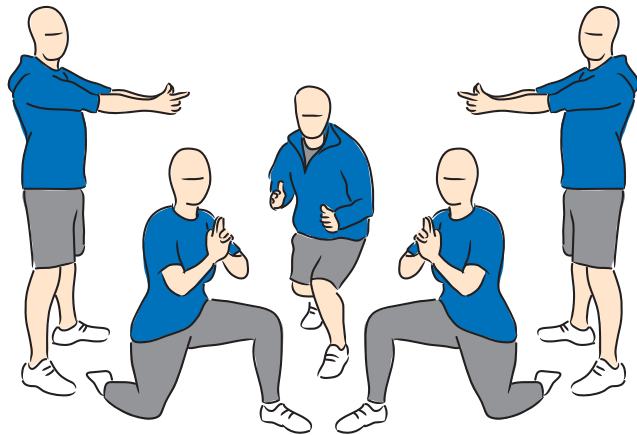
MAIN LESSON: EXAMPLES OF FORMATIONS FOR GROUPS OF SIX



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 5**

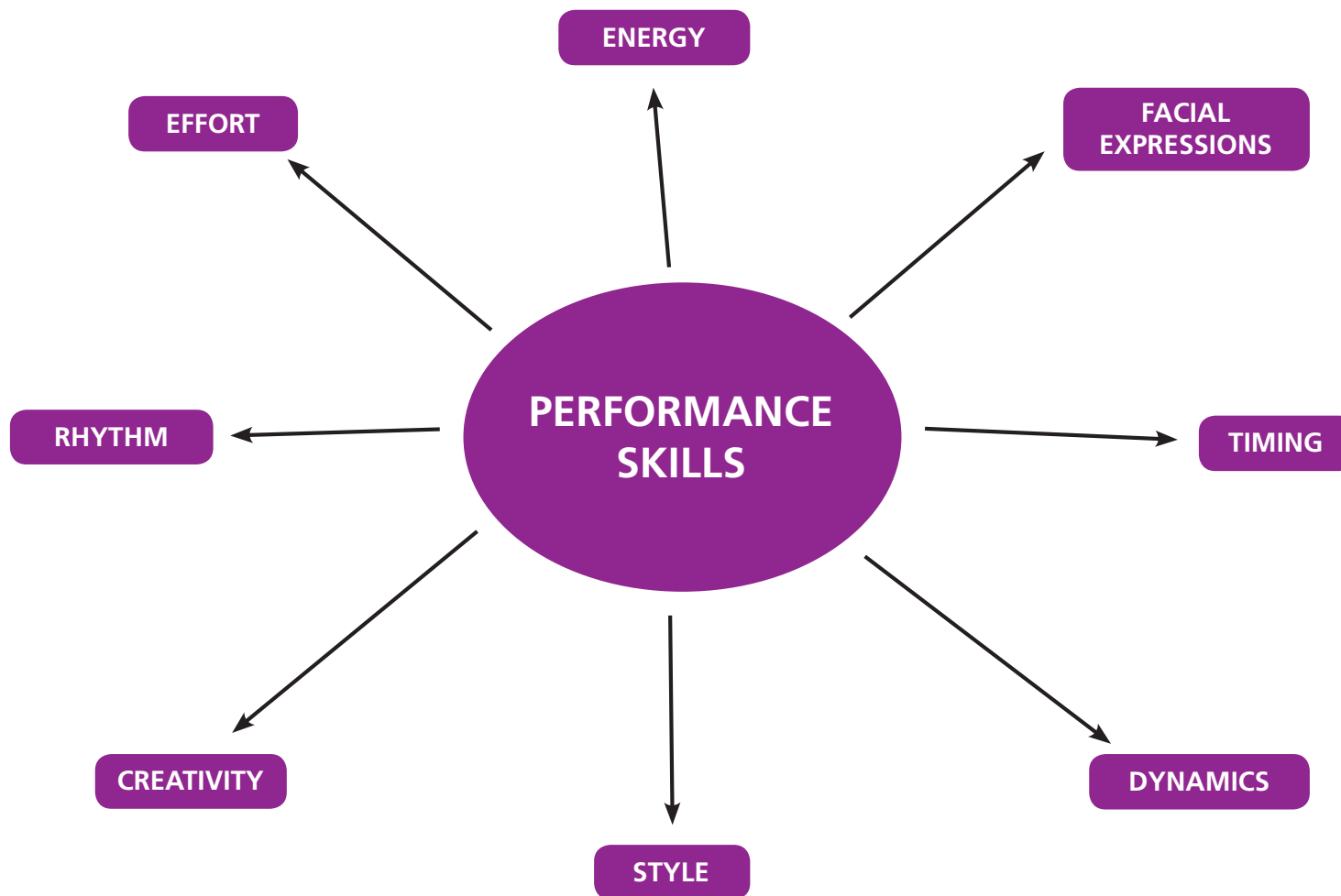
MAIN LESSON: EXAMPLES OF START AND FINISH POSITIONS USING VARIOUS HEIGHTS AND FORMATIONS



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 6**

MAIN LESSON: PERFORMANCE SKILLS



RESOURCE CARD: **DANCE:** YEAR 6

RELATES TO: **WEEK 6**

NAMES	TECHNIQUE	TIMING (UNISON AND CANON)	FORMATIONS	DYNAMICS	PRESENTATION AND EFFORT	OVERALL SCORE
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10

