

# RESOURCE CARD: **DANCE:** YEAR 5

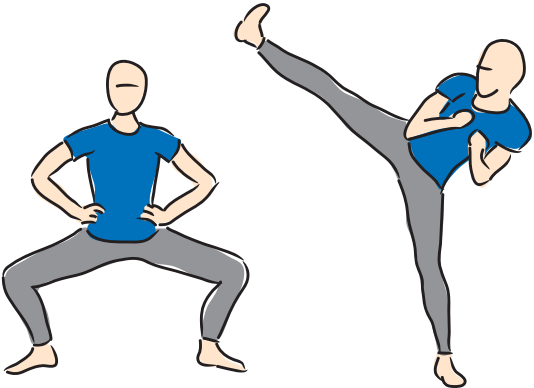
RELATES TO: **WEEK 1**

## AN EXAMPLE OF A BASIC MOVEMENT MOTIF

4 WALKS TO THE RIGHT



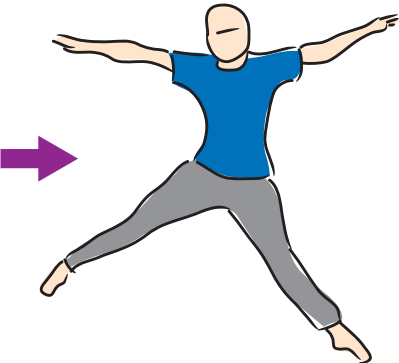
LUNGE KICK (X2)



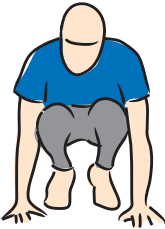
REPEAT TO THE LEFT



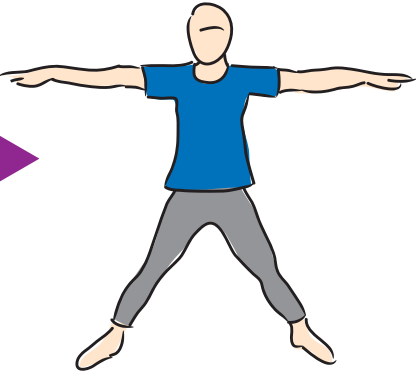
LEAP IN A CIRCLE



CROUCH DOWN



HOLD A POSITION OF STILLNESS



# RESOURCE CARD: **DANCE:** YEAR 5

RELATES TO: **WEEK 1**

## HOW TO ADAPT THE MOTIF TO SUIT THE EGYPTIAN THEME

4 WALKS TO THE RIGHT



LUNGE KICK (X2)



REPEAT TO THE LEFT



LEAP IN A CIRCLE



CROUCH DOWN



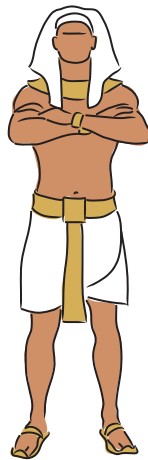
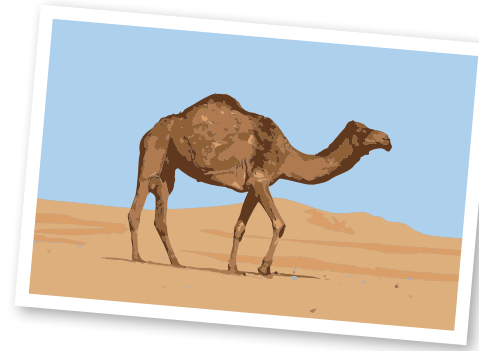
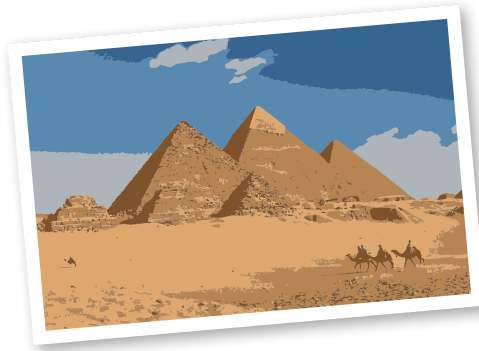
HOLD A POSITION OF STILLNESS



# RESOURCE CARD: **DANCE:** YEAR 5

RELATES TO: **WEEK 2**

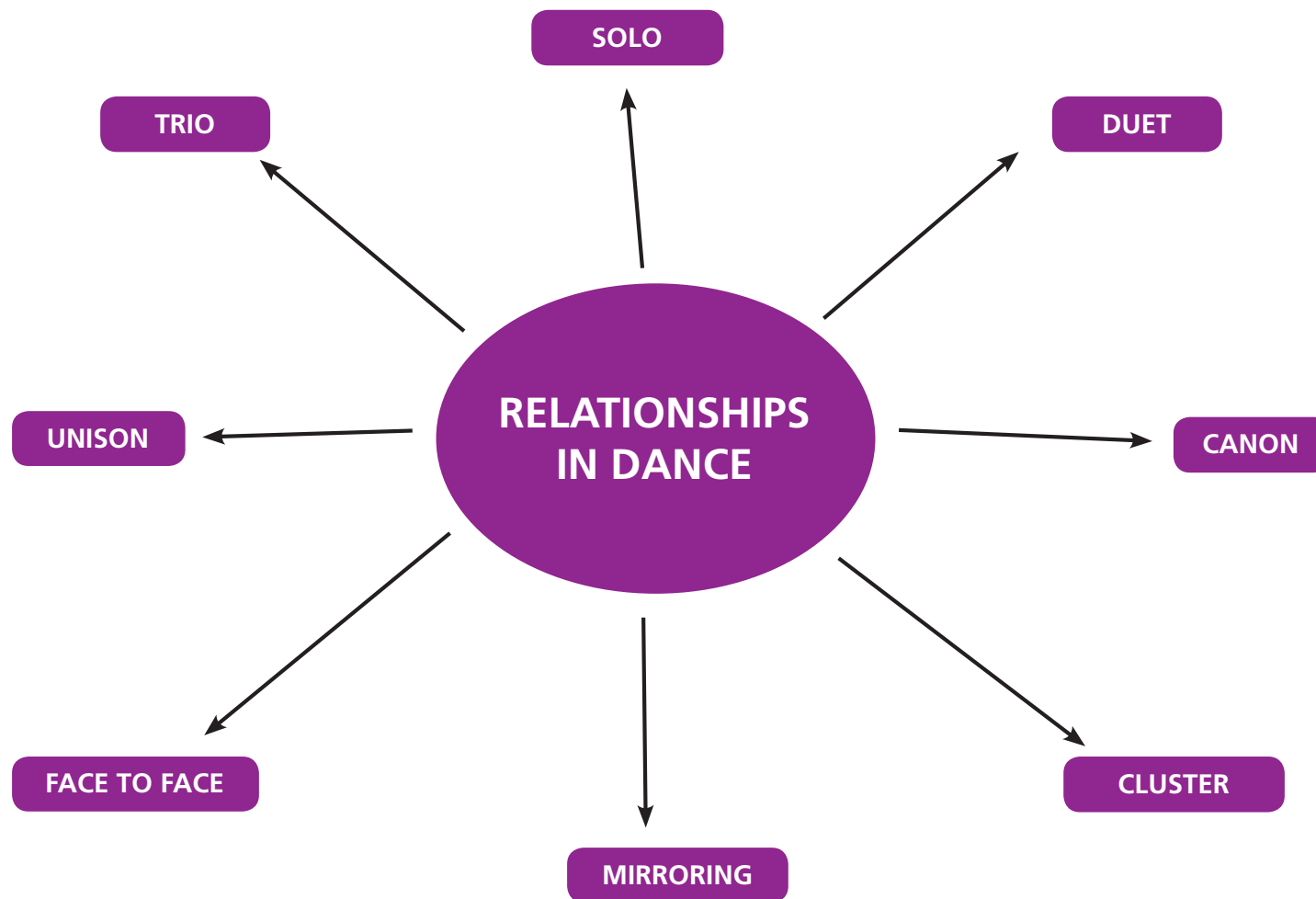
**PICTURES THAT CAN BE USED AS STIMULUS (TO HELP PUPILS CREATE MOVEMENT)**



# RESOURCE CARD: **DANCE:** YEAR 5

RELATES TO: **WEEK 3**

## MAIN LESSON: RELATIONSHIPS IN DANCE

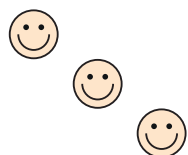


# RESOURCE CARD: **DANCE:** YEAR 5

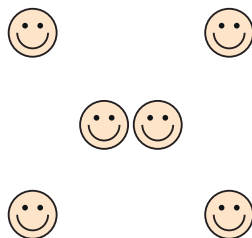
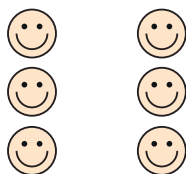
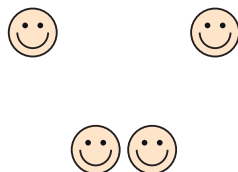
RELATES TO: **WEEK 4**

## EXAMPLES OF FORMATIONS FOR DIFFERENT RELATIONSHIPS

### FORMATIONS FOR TRIOS



### FORMATIONS FOR MIRRORING



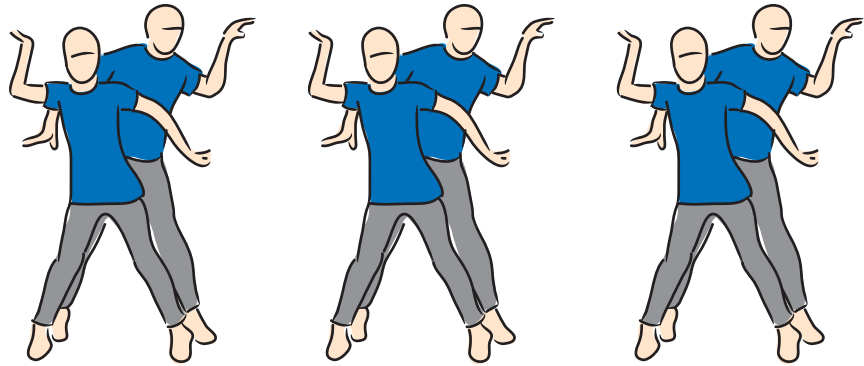
### FORMATIONS FOR DUETS



# RESOURCE CARD: **DANCE:** YEAR 5

RELATES TO: **WEEK 5**

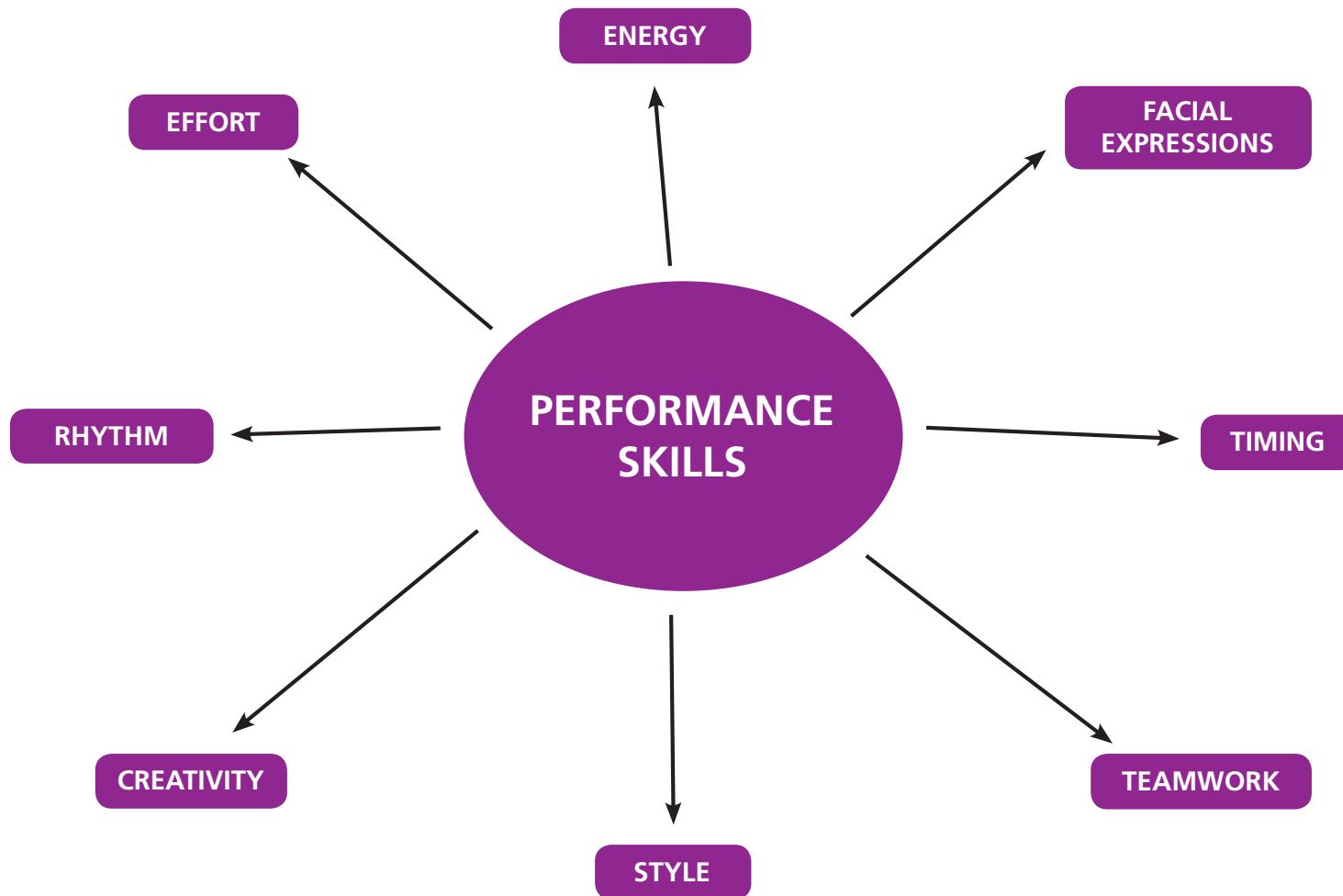
## EXAMPLES OF START AND FINISH POSITIONS USING VARIOUS HEIGHTS AND FORMATIONS



# RESOURCE CARD: **DANCE:** YEAR 4

RELATES TO: **WEEK 6**

## MAIN LESSON: PERFORMANCE SKILLS



# RESOURCE CARD: **DANCE:** YEAR 5

RELATES TO: **WEEK 6**

NAMES	TECHNIQUE	TIMING (UNISON AND CANON)	FORMATIONS	TEAMWORK	PRESENTATION AND EFFORT	OVERALL SCORE
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10
	/2	/2	/2	/2	/2	/10

