

PROGRESS CHART: **BALANCE:** EYFS

PUPIL'S NAME:

CLASS:

SKILL	SKILL ACHIEVED
Can the pupil balance on their left leg?	
Can the pupil balance on their right leg?	
Can the pupil use their hands and feet to balance?	
Can the pupil be creative when balancing?	
Does the pupil show control when balancing?	
Can the pupil work individually?	
Can the pupil work in a team?	
Can the pupil travel in a variety of ways confidently?	
Can the pupil use equipment to balance?	
Can the pupil create different shapes while balancing?	
Does the pupil know what a balance is?	