

# LESSON PLAN: **OUTDOOR ADVENTUROUS ACTIVITY:** YEAR 4: WEEK 1

**LESSON OBJECTIVE:** To develop basic tactical thinking and teamwork to overcome a task.

## **INTRODUCTION TO WHAT OAA MEANS. TEACHER TO EXPLAIN:**

OAA involves working in teams and as individuals to solve problems, developing tactics, and overcoming various tasks. Key things to use to help you be successful are teamwork, communication, craft skills and mapping skills.

### **WARM UP (10 MINS)**

Pupils to play the traffic light game:

Red = stop stand still

Amber = walk around the area

Green = run around the area

### **MAIN LESSON (20 MINS)**

Keep playing the traffic light game, however, ensure pupils don't communicate with each other. Start to add more colours and tasks e.g. Pink = 5 star jumps, Blue = hopping, Black = touch your nose. Try not to remind pupils of what the colours represent and soon they will get confused as you will have added so many. Sit the class down and see if they can come up with different tactics to help them remember all of the colours.

**Develop:** Using their new tactics now let them talk to each other during the game and see if they can come up with a way they can remember all of the colours and exercises as a class. For example: if each student remembers one colour and activity they should be able to remember up to 30.

### **GAME/COMPETITION (15 MINS)**

Get the pupils into pairs and let them know they have to remember some numbers that you will only tell them twice. Once you tell them a sequence of numbers they have to write them all down on a piece of paper by using their memory and teamwork. Whoever gets the most correct wins.

## **EQUIPMENT**

- Pencil
- Paper
- Cones

## **KEYWORDS**

- Tactics
- Teamwork
- Communication
- Problem solving

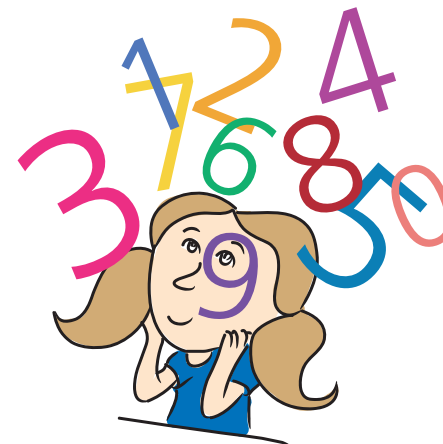
## **DIFFERENTIATION**

### **LESS ABLE**

- Use verbal and non-verbal communication.
- Give them fewer numbers to remember or pair them with a more-able student.

### **MORE ABLE**

- Get them to work on their own.



# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental skills and movement	6	Performs their movement skills to a high ability.
	5	Performs their movement skills with a certain degree of control.
	4	Performs their movement skills, but to a low ability.
Tactics, rules and teamwork	6	Works in a team and has a clear understanding of how to communicate and work together successfully.
	5	Demonstrates an understanding of simple tactics to remember the actions as a group.
	4	Starts to work together to remember some colours and the actions that represent them.
Show and link	6	Links various movements from memory without pausing for thought.
	5	Shows and links more than four actions without pausing for thought.
	4	Shows how to perform the action that relates to the colours.
Describe ways to improve	6	Is able to describe their strengths and weaknesses and suggest ways they can improve.
	5	Is able to describe their strengths and weaknesses.
	4	Is able to compare their performance to others.
Fitness and health	6	Shows a solid understanding of why physical activity has health benefits.
	5	Has some knowledge of why physical activity has health benefits.
	4	Has little knowledge of why physical activity has health benefits.