

VOLLEYBALL PEER ASSESSMENT AND IMPROVEMENT FORM

NAME: _____

CURRENT STEP: _____

FINAL STEP: _____

Step	Criteria	Achieved? (please tick)	Targets For Improvement	Re-assessment Achieved? (please tick)
9	Excellent range of technically correct shots. (reverse set)		Acquire skills exceptionally well. Practise skills in a wide range of activities and apply them in activities to achieve exceptionally high levels of performance. Are physically fit and can remain active for sustained periods to help promote your health and fitness. Work for extended periods of time, both independently and with others, without the need of guidance or support. Eagerly participate in all PE lessons & engage fully in extra-curricular activities.	
	Is able to set and dig from anywhere on the court.			
	Shots played with precision and accuracy			
	Can Serve to anywhere on the court using a underarm or over arm tennis method			
	Outstanding level of skill and tactical awareness.			
	Accurate timing, accuracy and movements when smashing			
	Excellent position of body in majority of shots			
	Blocks are very effective			
	Reacts to ball off net			
	Exerts significant control over game			
	Easily switches from attack to defence			
	Anticipates opposition shots and makes few errors			
7-8	Both underarm or over arm tennis method for service has a high accuracy rate		Acquire skills very well. Practise skills in a wide range of activities and apply them in selected activities to achieve very good levels of performance. Are physically fit and can remain active for significant periods to help promote your health and fitness. Work for extended periods of time, both independently and with others, with limited guidance or support. Participate in all PE lessons & engage in a range of extra-curricular activities.	
	Good movement about court.			
	Setting: good accuracy and height			
	Digging: a good ability from all over the court to the setter			
	Anticipates opponent's shots			
	Correct body positions in all shots			
	Can block adequately and is able to read the hitter			
	Can time approach and hit, but lacks that specific power when performing a spike			
	Makes few unforced errors			
Able to switch from attack to defence				
5-6	Adequate service using both techniques, varying height and distance		Acquire skills quite well. Practise skills in a range of activities and apply them in selected activities to achieve good levels of performance. Are physically fit and can remain active reasonable periods to help promote your health and fitness. Work for extended periods of time, both independently and with others, with guidance or support. Participate in all PE lessons & engage in a range of extra-curricular activities	
	Accurate when digging and setting,			
	Able to pass to ideal height and position			
	Can accurately smash from static position			
	Good timing when jumping and smashing			
	Able to switch from attack to defence			
Shows some anticipation in games				
3-4	Reasonable accuracy when performing under arm serve – good technique		Apply your fundamental movement skills in activities. Apply simple tactics to games. Apply basic principles to activities. Work by yourself and with others with support. Exercise more regularly and live a healthier lifestyle. Participates in most PE lessons	
	Contribute few passes to game			
	Set shots lack height			
	Timing is inaccurate when blocking			
	Timing is improving when smashing			
1-2	Little control when serving		Develop fundamental movement skills and becoming increasingly confident. Can apply learned skills in a basic game situation. Participates in most PE lessons	
	Ball lack height when distributed			
	Static whilst playing			
	Has difficulty setting and digging			
	Does not bend leg in shots			
	Incorrect contact on arms and hands with ball			
	Poor co-ordination			
	Ineffective within games			
	Often panics when ball approaches			
Often lands forward when blocking and fouling				