

Curriculum Journey





Take a gap year embrace new cultures Jobs in the Sport and Leisure industry e.g.

Nutritionist. Gym instructor Coach. Physio's assistant Teacher. Referee. Personal trainer.



Go to university to enhance your studies and get a degree



Start a degree level apprenticeship



Confirm and accept your future pathways offer



Revise for and complete if necessary resits in any of your Y13 mock exams





Year

To make the option to take sport at

Level 3.

Refine and perfect your revision techniques



Join the football academy and play against other teams in the Academies league.

and voluntary work to enhance your learning To visit sports departments at Universities

Consider summer internship



examinations Be able to lead

Revise for and sit public

A2 and vocational

sessions and coach in key stage 3.



Apply for University through UCAS or alternative post 18 courses



Year

Attend SSG Competitions with the GSP in a range of

Completed unit 2 and 5 then claim certification in Btec Level 2 in Revise for and complete units 1, 2 and 22.



Volunteer and Paid work with Greenacre Partnership



To understand adaptions to musculoskeletal and cardiorespiratory systems in sport.

Explain your strengths and areas for improvement in sport. Recommend activities to improve this performance.

Been able to compete in intra or inter sporting competitions in Key stage 4.



different sports

Suggest valid



Explain your understanding of rules and regulations in

Start Btec sport at Level 2. Start Unit 3 – Applying principles of personal_training.

Be able to explain which Flexibility Training methods are best suited to which sport

Attend Sports Days at Medway Park Sports Centre

Completed walking talking mocks in preparation for unit 1 exam

Attend after school clubs or

intervention



different sports

Attend SSG Competitions

with the GSP in a range of

Attend SSG Competitions with the GSP in a range of different sports

Year

recommendations

for changes to

rules, regulations

and scoring

systems

Be able to take Btec sport at Level 1/2.

Apply cognitive skills in a range of Practices. Some will be learning in a more autonomous approach to your learning

Demonstrate relevant skills techniques and tactics effectively in competitive situations

Attend after school clubs or intervention

Attend after school club including football, rugby, basketball, parkour, trampolining, table tennis



Advanced training in Leadership

academy.



Attend Sports Days at Medway Park Sports Centre

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at Medway Park Sports Centre

To lead warm ups including PNF, Passive static, active static and ballistic.

Attend Sports Days at Medway Park Sports Centre

lear

Attend SSG Competitions with the GSP in a range of Attend Sports Days at Medway Park Sports Centre

Attend after school clubs including football, rugby, basketball, parkour, trampolining, table tennis.



Attend leadership academy. Lead and officiate in school games



Apply cognitive skills in a range of Practices. Some will be learning in a more automatic approach to your learning





warm ups naming major muscles. different sports



Attend leadership academy. Lead and officiate in school games program.



inter sporting competitions in Key stage 3.

(Greenacre Sports Partnership). Year

Attend SSG Competitions with the GSP in a range of different sports

Developed cognitive skills in invasion games net and wall games, striking and fielding games, Gymnastics





Understand the need for a two part warm up naming some major muscles



Attend an enrichment program that is varied and delivered by high quality coaches some of whom are Greenacre academy staff

Introduction to

with GSP

core sports, attend

MYG Competitions





Primary School