



Sports (Single or Double)

Qualification type: BTEC Level 3 Extended Diploma in sport

Exam Board: Pearson

What will I learn?

The Pearson BTEC National Diploma in Sport is a qualification for learners who have a keen interest in sport and physical activity and want to continue their education through applied learning. It is for learners who aim to progress to higher education and ultimately employment in the sport sector. The full qualification is the equivalent to two A Level and it combines well with a large number of subjects, especially biology. It supports entry to higher education courses in a very wide range of disciplines.

How is my work assessed?

Three Units are Externally assessed through controlled assessments and written examination. These units include:

- Unit 1—Anatomy and Physiology (written examination)
- Unit 2—Fitness Training and Programming for Health and Well-Being
- Unit 22—Investigating Business in Sport and the Active Leisure Industry

The remaining units on the course are internally assessed through assignment activities with a vocational context. These units include:

- Unit 3—Professional Development in the Sports Industry
- Unit 4—Sports Leadership
- Unit 5—Application of Fitness Testing
- Unit 7—Practical Sports Performance
- Unit 10- Organising Sport
- Unit 23—Skill Acquisition in Sport

What should I consider before starting this subject?

All our BTEC students need to have an interest and passion for Sport. Those that do well and achieve the High grades are able to priorities their workloads well. They can be organised and plan ahead of time, often keeping a diary of when work is due in, as you will always have at least 2 pieces of work to be working on. Most of all they put in the effort in their work and take pride in what they do, taking ownership of this.

Why is this course useful and what might it lead to?

You will gain a qualification that will enable you to study sports related degrees at university, such as Sports Management, Sports Therapy, PE Teaching, Sports Coaching and Analysis of Sport. This qualification is particularly appropriate for learners who are interested in progressing to a career in sport and physical activity development. The BTEC Sport qualification also allows you to progress onto further work-based courses or apprenticeships, for example, Personal Training or Sports Coaching.

The vocational nature of the course provides links with local sports industries through the work experience unit. In addition, we also invite guest speakers and industry experts to share their knowledge and experience, and have forged connections with local university sports departments. This serves to give students an in-depth experience of further study and the options for employment in sport. You will also be involved in sports events for local primary schools and will have the opportunity to complete coaching and first aid qualifications.

Entry requirements Minimum of 4 GCSE's and a 4 in PE if taken at GCSE. Level 2 Pass in BTEC Sport or NCFE Health and fitness.

Where can I find out more information? <https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html>